

Lambda

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Man's Health Problems

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CONGRATULATIONS LU ENGINEERS



#2 IN CANADA
STORY PAGE 3

KICKING QUEEN'S (ENGINEERING) BUTT SINCE 1961

Drop in applicants a mystery

by Sarah Schmidt
The Varsity (CUP)

As the number of applications to Ontario university continues to drop, those in the education sector can't seem to explain the trend.

According to preliminary data released by the Ontario University Application Centre, the number of high school students who have applied to Ontario universities for next September has dropped by 2.5 per cent from last year.

Northern universities in particular show a significant drop in applicants — Thunder Bay's Lakehead University reported a 20 per cent drop, Laurentian University in Sudbury a 15.8 per cent drop, and applications to Nipissing University in North Bay dropped 8.6 per cent.

Top administrators of these institutions cannot agree as to why the numbers are not only down, but at their lowest point in nine years.

"I'm not sure if tuition fees make a big deal. Students may not be deterred because of tuition. [But] they may be deterred by the panic created in the media about tuition fees," said David Marshall, president of Nipissing University.

Nipissing could become the first university at which more than half of its revenue, 52 per cent, comes from tuition fees if the president's recommendation to increase tuition fees by 10 per cent is passed by their board of governors at an upcoming meeting.

But Robert Rosehart, president of Lakehead University, says it would be irresponsible to ignore tuition fee hikes as a key variable.

"I can't ignore the fact that the difference from last year to this year is a 20 per cent increase in tuition fees," said Rosehart. "Twenty per cent in one year is pretty traumatic."

The 20 per cent fee increase for the 1996-97 school year marked the largest single-year increase ever in Ontario.

While Rosehart sees a link between tuition and applications, many people involved in postsecondary education say there is no positive proof that higher tuition fees make universities inaccessible.

One study into the relationship, conducted by York University between 1991 and 1994, linked rising tuition fees to the significant decline in undergraduate students from low-income families.

In 1991, an estimated 17 per cent of York undergraduates came from families whose income was less than \$20,000. By the 1994-95 academic year, the number had dropped to 10 per cent, the study shows.

Nevertheless, Greg Marcotte, executive director of the application centre, says it is too early to discern a negative trend or conclude that economics are at play.

"Nobody has done any empirical research to say there's a correlation. There's no evidence, anecdotal or empirical, so I can't confirm it or deny," said Marcotte, pointing to demographic trends, some students delaying entrance to university so they can work to finance their education and others entering the less-expensive college system to explain the decline.

But Coline Gardhouse, a guidance councillor at Riverdale Collegiate, a high school in a working-class neighbourhood in Toronto, says students are aware of rising fees and do not apply to university as a result.

"They're scared of them," said Gardhouse. "We see it here. The kids of the unemployed or the working poor are just not going or they're delaying it. We're saying, 'As long as you have the money, you can come to university.' That is wrong."

Government launches campaign to attract rich foreign students

by Samer Muscati
Ottawa Bureau (CUP)

Canadian universities must attract more rich foreign students if they want to maintain their high quality of education, top federal officials told university and college presidents last week.

The government has launched a major campaign to recruit foreign students by easing medical criteria, and by marketing Canada's education system abroad, Prime Minister Jean Chretien and International Trade Minister Art Eggleton told a meeting of the Association of Universities and Colleges in Canada on March 5.

"The export of educational goods and services is big business for Canada," Chretien said in a speech to the academics. "We have to continue to work together to ensure that Canada's recruitment of foreign students is successful. Our government is stepping up its efforts."

According to a recent government study, foreign student expenditures in 1994-95 contributed \$2.3 billion to the Canadian economy and represented about 21,000 jobs.

With universities as one of the main beneficiaries, Eggleton says that foreign students are a good way for public education institutions to generate alternative sources of revenue against a backdrop of declining domestic student enrolment and budgetary cutbacks. The revenue would help offset the \$7 billion in federal cuts to social transfer payments for the provinces, earmarked in large part

for education.

As part of the initiatives, the government will try to make Canadian universities more competitive with those in Australia, Britain, France and the United States by modifying medical procedures on student visas. A pilot project beginning in Korea, Taiwan, Thailand, Malaysia, and Mexico will streamline medical examinations so that students examined in their own country of origin will no longer require a Canadian test.

Eggleton says the government is also exploring the possibilities of establishing new education resource centres abroad to promote Canada's education system and recruit students. The new centres would be based in the Arabian Peninsula, South Africa, Columbia, Russia, the United States, and Germany.

Canada has already opened seven centres in major Asian capitals, and will open three new ones later this year in India, China, and Mexico.

"While Canada is holding its own in the international education marketplace in places where we market effectively, there is a widespread view that we could be doing much more," said Eggleton.

"The market is not, however, sitting waiting for us. We need to hone our marketing skills and move with a sense of urgency. We face fierce competition."

And to determine how education providers and government can best work together in marketing Canada's education system, the government is organizing two national conferences in May to form joint strategies. The government will also be

training new foreign officers to promote Canadian education interests abroad, and is helping to develop a CD-ROM with Internet capabilities containing information on over 80 schools with audio and visual campus tours.

Steve Wilson, chairperson for the National Graduate Council, a group representing graduate students, says he is concerned the new government initiatives view foreign students simply as commodities.

He says that in the past, foreign students used to be recruited to "improve the scholarly environment at universities," but these days they are seen as merely a "cash-grab" to bankroll Canada's financially strapped and deteriorating universities and colleges.

Foreign students can pay as high as \$18,000 each year for an engineering degree at the University of Waterloo and \$10,600 for any undergraduate degree at York University, while the average university tuition fee last year for Canadian students was \$2,700.

"We're not attempting to attract the brightest students, but only those who can afford to pay," said Wilson. "We're looking toward international students to solve the fiscal problems of our education system."

The new initiatives follow the January "Team Canada" trade mission to Asia where representatives of 50 Canadian educational institutions travelled abroad to promote the country's educational system. After the business sector, education was the second largest group in the delegation.

HST could cost Atlantic schools millions

by David Cochrane and Michael Connors
The Muse, Atlantic Bureau (CUP)

A new harmonized sales tax could end up costing Atlantic Canadian universities millions of dollars in extra taxes.

Starting next month the new HST will combine the GST and provincial sales taxes in Newfoundland, Nova Scotia and New Brunswick into a single 15-per-cent tax. Prices for many items will fall, but the new tax is much broader and will increase the cost of universities' heat and light bills, and capital expenditures.

"We have to talk to the provincial government about a significant increase in the university's costs," said Art May, president of Memorial University of Newfoundland. He says the new tax could cost Memorial \$800,000 a year.

"That's the same as cutting the budget,"

A recent study on the effects of the HST on universities done by KPMG, a Nova Scotia based consulting firm, concluded increases in electricity and heat will be countered by other tax exemptions.

"The decision to remove the tax from books and periodicals bal-

ances it out," said Ian Fraser, who was part of the KPMG study. "But there will be a significant negative effect on the capital side."

The capital tax increase means it will cost schools more money to build new buildings or renovate old ones and this is bad news for several universities.

Next year Memorial University plans to begin construction of a new university centre and an athletics building at a total cost of \$25-million. Dalhousie University will start a new \$12-million arts building, while St. Mary's University will build an \$18-million business school.

The new tax scheme means these projects combined will cost \$8.25-million in taxes.

"The net effect on us will be negative and it will cost us more money," said Guy Noel, a St. Mary's vice-president.

Noel said St. Mary's will have to shift its budget around to cope with the new tax structure, but said the HST will still put the economic crunch on the institution.

"Anytime that there is a change in tax structure that affects our operating expenditures and our budgets, capital or otherwise, it further compounds the problems we

face," he said.

Meanwhile, May said Memorial hopes to convince the Newfoundland government to rebate the money lost to taxes.

But provincial Finance Minister Paul Dicks said it is unlikely the university will be given a rebate for the HST because of offsetting savings for other equipment it purchases.

"For instance, many of the things that it buys -- tables, chairs, desks, computers -- all of these things are coming down from [a] 20 per cent [tax rate] to 15 per cent," Dicks said. "So merely because one item goes up doesn't mean on balance the university should have a rebate."

Dicks said the reason federal rebates for the GST existed was because originally there had been no tax at all.

"The difference is provincially the retail sales tax already existed across a broad range of items, and that's being reduced," he said.

May said if the university does have to pay the tax it won't be able to fill some vacant positions or offer certain courses. But the administration has ruled out the possibility of further tuition fee increases other than those already announced.

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Engineers more than purple arms and drink fests

by Derek Novotny and Brent Zeitz
Mining Games Committee Chairpersons

This past weekend, on March 6, 7, 8 & 9, Laurentian University engineers participated in the 7th Annual Mining Games, held at the University of Alberta in Edmonton. Laurentian was well represented by sixteen mining and metallurgical engineering students from all 4 years of the programmes.

Second place honours were bestowed on Laurentian at the completion of the games. First-place honours went to the University of Alberta, the host of the games. Third and subsequent placings were McGill University, Ecole Polytechnique, University of British Columbia, Technical University of Nova Scotia, Queen's University, University of Saskatchewan and finally Université Laval.

Competition held during the games included Mine Design, ore Reserve and Cost Estimation, Surveying, Mineral Processing, Mineral Identifica-

tion, Mineral Transportation, Mineral Industry Quiz, Technical Presentation, Sluicing, Geotechnical Problem, a Pumping Event and finally a fun Cribbage Tournament. In the above events, Laurentian placed first in 5 of the 13 events, these included the Geotechnical Problem and Ore Reserve and Cost Estimation, among others.

Laurentian has always placed well in six years of competition, garnering 1 Gold, 4 Silvers and 1 Bronze to their credit. Other schools and industry across the continent are now realizing the excellence within the School of Engineering here in Sudbury. This could not be accomplished without tremendous support from business and industry. Travel Cuts, Students' General Association of Laurentian, Sling-Choker, ICI Explosives, Dynatec International, Ingersoll-Rand, LU School of Engineering, LU Faculty of Science and Engineering, LU Vice-President Academic, Laurentian University Mining Automations Lab and the Honourable Shelley

Martel, MPP.

The Chairs of the Mining Games Committee wish to extend their sincere thanks to all who contributed in helping them "Keep Mining In Sudbury". "We must maintain the development of the school and young professionals in the years to come if we are to rival other schools such as Queen's, McGill and the soon-to-reopen mining school at U of T."

Mining Games Participants

Brent Zeitzd
Derek Novotny
Roy Levesque
Shawn Curtis
Ross Boden
Kathryn Rhude
Erick Jarvi
Trevor Ames
Amos Dresler
Neil Milner
Cliff Lafleur
Mike Garbutt
Mike Ladouceur
Jeff Sepp
Tim Edwards
Gary Annett

Female inmates to do time in male prisons

by Maria Giannoumis
The Link (CUP)

In mid-January, the Correctional Service of Canada sent shock waves through the federal prison system, when it announced female maximum security inmates will now be doing their time in male prisons until a long term strategy for their incarceration can be developed.

This new policy follows a string of problems at the new minimum security female prisons, most notably the Edmonton Institute for Women, where seven inmates attempted escape, one inmate was murdered (two inmates have been charged with first-degree murder), one committed suicide and several mutilated themselves to protest their treatment.

"Moving women inmates out of their own area is unjustified," said criminal defence lawyer Marcel Danis. "Even though they will be in a different wing, it is totally uncalled for."

This is not the first time such a decision has been rendered. In 1994, the Canadian government unsuccessfully attempted to transfer six women to the Kingston Penitentiary, after riots at the Kingston Prison for Women. The decision, however, was appealed and reversed. It received

strong criticism by the 1994 Arbour Commission Report, headed by Justice Louise Arbour.

The report noted female inmates were too often treated like men by a largely-male corrections bureaucracy. Arbour said that putting female inmates in Kingston Penitentiary had "an appearance of oppression in confining women to an institution which will inevitably contain a high number of sexual offenders."

At the moment, 23 maximum security female offenders will be transferred from Kingston's Prison for Women to Kingston Penitentiary.

"These newer prisons have lost custody of their maximum security inmates, along with their status as a reception centre for women," said Nathalie Duhamel, executive director of the Elizabeth Fry Society of Quebec. "Prisons are expected to continue with their original mandate, so on what basis are they now excluding maximum security inmates?"

To be continued next week

Proposed Law Will Cost Students Millions

An Open Letter to Students

The Laurentian University Bookstore believes that all college and university students should be aware of Bill C-32 — legislation dealing with various aspects of Canadian Copyright Law — that is currently being considered by Parliament. Specifically, an amendment that was added to this Bill by the Heritage Ministry at the eleventh hour, would prohibit the importation of used textbooks.

We believe that this amendment will cost Canadian students millions of dollars, interfere with your right to choose between buying new or used textbooks, and make it more difficult to afford the cost of a high-quality education. The amendment will also make it more difficult for us to continue to provide the services and options that will meet the changing needs of students and faculty.

In short, the proposed amendment to the Copyright Act is both unnecessary and inappropriate. Moreover, it disregards the following facts:

◆ In 1995-96, Canadian students saved \$3 million by purchasing used textbooks supplied by U.S. distributors. Bill C-32, as proposed, will prohibit

importation of these books, even if they were originally purchased as new books on Canadian campuses by Canadian students.

◆ Current used book sales make up only 4% to 8% of total textbook sales across Canada, not the 30% or more that some publishers contend. Just as important, Canadian students currently sell more textbooks than they purchase; consequently, Canada is a net exporter of used textbooks.

◆ In 1995-96, Canadian students were paid an estimated \$2-million for their used textbooks by companies which export the books to warehouses in the U.S., for later reimport into Canada. If the proposed amendment on imports of used textbooks remains in Bill C-32 and is passed into law, the numbers of used books purchased on Canadian campuses will drop significantly.

◆ The government claims that reduced sales of used textbooks would generate more revenue for new book distributors, so they in turn can invest more in Canadian publishing ventures. Even if students were to replace all of the reimported used textbooks with new textbooks — something that we and others in the industry do not believe will happen — only \$500,000 in extra profits would be generated each year.

The proposed amendment would stand to benefit Canadian distributors which are wholly or majority-owned by large U.S. textbook publishers — more reason to doubt that Canada would benefit from restrictions on the importation of used textbooks.

Bill C-32 is scheduled to be tabled before the House of Commons for the Third and Final Reading in the coming few weeks. We urge all students to contact their MP's to register disapproval of the amendment against imports of used books. It is urgent that public policy makers become aware of the serious consequences of this proposed legislation.

Laurentian receives major donation from Falconbridge

Mr. Warren Holmes, President of Canadian Nickel Operations, Falconbridge Limited has announced that Falconbridge is making a major corporate donation that will add \$800,000 to Laurentian University's Coming of Age capital campaign.

Falconbridge will direct \$300,000 of its donation to student bursaries through the Ontario Student Opportunity Trust Fund (OSOTF), which will be matched by the Ontario government for a total contribution of \$600,000 to support students in financial need. Falconbridge will also donate \$200,000 towards enhancement of environmental rehabilitation facilities at Laurentian, reflecting a long-standing corporate interest in environment recovery.

"We are gratified that Falconbridge, a key partner in Laurentian's development through the years, is making such a generous donation to our capital campaign," said Laurentian University President, Dr. Ross Paul. "From the renowned Falconbridge Lecture Series held at Laurentian, to ongoing support of our research and education initiatives, to this major donation that capitalizes on the OSOTF, Falconbridge plays a vital, ongoing role in helping this University realize its leadership in education and regional progress."

Ross Paul concluded: "I encourage everyone who recognizes Laurentian's importance to this region and its students - and who would like to double the value of their donation - to make a contribution to Laurentian now. Each dollar will be matched by the Ontario government through its Ontario Student Opportunity Trust Fund. Time is of the essence! Contact the Capital Campaign Office to get your pledge in before March 31, 1997. Laurentian University students will be the double beneficiaries of your generosity."

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SPACE FOR RANT

Dear Editor

I'm responding in regards to Mat Thompson's reviews in the "Lend me an Ear" section. Where did you find this guy? It seems that nearly every album he reviews is outdated. Although some of the material isn't outdated, the reviews and personal opinions make absolutely no sense at all. I'm directly making reference to the review on "Secret Samadhi" by Live. What did he base his opinion on? Did he do any research at all? Obviously not. If he would have (5 minutes max.), he would have realized that Live is not a sophomore band, but a mature and cultivated band. If he "can't wait until they come out with their third or fourth albums" why doesn't he look back to 1991-92, where they released two albums in the span of 5 months ("Four Songs" and "Mental Jewelry"). Maybe Mat should be let out of his corner a little more often to let him expand his knowledge a little further.

Rob Lavingne

Dear Editor

ATTENTION ALL CAR OWNERS! For those of you out there who drive to school every day, or even just own a car and live on campus, I realize that it's not the end of the season that I'm about to complain about (winter), but it's not over yet so LISTEN UP! For those of you who use Manitu Rd. (the road up to Huntington, Thorneloe and U of S) how did you get your driver's licenses? Don't you know that you are supposed to stop at all pedestrian crossings? There actually is one at the bottom of the hill, and none of you stop for the pedestrians who cross there. Pedestrians do have the right of way! I am almost positive that here are some of you out there who sit in your nice, comfy, heated cars every day and drive by at top speeds, ignoring the fact that there are pedestrians who are freezing their tushes off waiting for cars to allow them to cross the road. As the cars drive there are many passengers I see who turn to their friends and giggle, thinking: "Ha ha ha ha ha ha! Isn't it funny to make all those people wait for me? I've nothing to worry about in my nice, cozy, little car!" Through all the freezing cold and blustery days, I've survived through it! Well, I'm sick of waiting! Smarten up! Stop sometimes... who knows, maybe if one person has the courtesy to stop for us pedestrians then maybe it will start catching, just like the colds we get from standing out in that freezing weather! Don't forget next winter either because I don't want to have to keep re-writing this article!

A Fed-up, Frozen Student



Grube Re-elected

The SGA Elections are over for another year. There were 879 ballots cast, which represents 25% of the SGA membership. According to one SGA executive, the turnout was quite good for Laurentian University.

Mike Grube was re-elected President, narrowly defeating Andrew Bell, his only opponent, by a margin of 91 votes.

Christina Hayden ran away with the Vice-President of Services position, amassing 521 of the 860 votes cast for that position.

Cindy Henriques had similar success, collecting more than double the votes of her nearest opponent, Chad Carreira, on her way to being elected Director of Cultural Affairs.

Acclaimed to the position of V.P. External was Jennifer Chamberland; to V.P. Finance, Tannys Laughren; and to Director of Bilingualism, Christa Haines.

All of the Senate candidates were acclaimed. Todd Bosak, Brian Kett, William Morin and Tara Parniak, together with President Mike Grube, will be the SGA's voice at Senate next academic year.

Only two of the five Off-Campus Representative positions were filled. Bernard Beaulieu and Brenda Rienguette were acclaimed to these positions.

Beside the three vacant Off-Campus positions, the SGA Elections failed to fill the position of International Students' Commissioner. These positions will be filled by an election, likely a Board By-Election, next autumn.

Playing The AIDS Game

by Sarah MacDonald
Contributor

Despite the fact that everyone knows about safe sex, how many people are actually practicing it? In this "Age of AIDS", it is absolutely frightening that anyone would have unprotected sex even once, never mind the high risk people who "just don't like condoms". It's fairly common to hear of drunken mistakes that you just try to erase from your memory because it's easier to not face the possibilities. It is even more common to hear of people who think that they would be able to tell if their partner had anything (as if so-and-so has AIDS, he looks totally fine). The scary thing about AIDS is that it only takes one time and there are no visible signs or symptoms. A slow and ugly death is the inevitable outcome and the truly tragic thing is that it is completely preventable.

No matter if you understand the facts or not, it usually takes something drastic to happen for the extent of the risks to hit home. This is where the AIDS game comes into play. When you have sex without a condom, you are sleeping with every partner that your partner has ever slept with. Seeing this down on paper will give you a better idea of what this really means. Get a piece of paper and in the middle of it put down the name of one person that you have had unprotected sex with (this could include oral sex without a condom). If

you peeked ahead to the diagram, this step would correspond to the Easter Bunny. From that name you draw lines spreading away from it and put the names of everyone that the original person slept with- and don't forget to include yourself. Now from all of these name put all of the people that they have slept with and so on.

The diagram included here is an actual example of a real person's sexual history (the name have obviously been changed to protect the not-so-innocent). Now draw a line from every name on your diagram to yourself because you have had sex with every single person on your diagram, not to mention the countless people that you don't even know about. It is quite conceivable, and depending on the size of the diagram, even likely, that at least one of those people has something. What if that something is HIV or AIDS? Now you have to make a diagram for every single person that you have ever had unprotected sex with. For some people this may be a very terrifying thought but this is not the sort of thing that you can brush under the carpet. When you look at it this way, that's a lot more people that you're sleeping

with than you originally thought and a whole lot of uncertainty to deal with. Those smart people who have never had unprotected sex must be breathing a huge sigh of relief right about now.

The important thing to remember is that it is never too late to start practicing safe sex. For your own safety and peace of mind, as well as that of your partner's, a blood test for the HIV virus (as well as everything else) would be the best bet. I you've put yourself at risk and don't bother finding out the consequences then you're part of the problem. Don't forget that you are on someone else's AIDS diagram and you could be putting a lot of people at risk. So many people don't want to face the fact that they've done something stupid and there is a certain amount of reassurance when you stick your head in the sand but it is for exactly that reason that reason that this preventable plague continues to spread at an unbelievable rate. The AIDS game is not fun to play and if everyone realized exactly what having unsafe sex could mean to them, maybe no one would ever have to play this game again.

Correction

Regarding "Senators Rebuke ACAPLAN", the motion that would have placed Sciences de L'éducation (Teacher Education) in the Arts and Professions was defeated, not passed as reported. Lambda apologizes for any confusion that may have been incurred.

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Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

PRESIDENT

I would like to thank all of the people who contributed to my re-election this year. I could not have done this without your help. I am committed to serving all students to ensure that their voices are heard. I look forward to working with all students at Laurentian but also across Canada in defending accessible high quality education for all Canadians. Again, thank you to everyone and good luck on your final exams. Sincerely, Mike Grube

VP EXTERNAL

I'm Jennifer Chamberland and I would like to take this opportunity to tell you a little about myself. I am a 4th year student with a double concentration in History and Geography. This past year I served as president of LU's History Society. As president, one of my duties involved representing History students on the SGA board. This included sitting on the Services and External committees. I have also been an active member in Rotoract and have seen my political awareness grow as I was a delegate in both Laurentian's Model Parliament and the North American Model United Nations Conference in Toronto.

This past year I decided to become involved because I grew tired of seeing people who complain amongst themselves and who do not do anything about it. I feel that this happens all too often and, as a result, I decided that this complacency is no longer acceptable for either myself or the Laurentian community. First and foremost, the SGA is a political voice for students here at Laurentian. Specifically, VP External is the position that stresses this voice. Now is the time when this voice needs to be heard, especially since the future of education—our education—is being threatened.

I am looking forward to serving you, the SGA members, as VP External next year. I welcome all questions, comments or concerns any student may have. I can be reached through email at s3600137@nickel.laurentian.ca (yes, that lovely vax account). I would like to see more students become involved in the Laurentian community. Working together, we can ensure our future!

DIRECTOR OF BILINGUALISM

Bonjour! Je m'appelle Christa Haines et l'an prochain, je serai directrice du Bilinguisme. En 1995-96, j'étais représentante de Huntington au conseil de l'AGE. Cette année, j'étais membre de l'équipe qui a organisé la semaine du Carnaval. J'ai de l'expérience au sein de l'AGE. Le poste de directrice du Bilinguisme est nouveau et c'est à moi d'organiser la semaine du Bilinguisme.

Au cours de l'année prochaine vous pourrez venir me parler de tout ce qui regarde le Bilinguisme et l'AGE. Je m'attends à ce que l'an prochain soit une expérience agréable et intéressante.

Hello! My name is Christa Haines and next year, I'll be the SGA's director of Bilingualism. This is a newly created position and I look forward to filling it. I was a member of the SGA board in 1995-96 as the

Huntington Rep and this year, I helped organize Carny Week. I have experience within the SGA. Next year, I'll be organizing the Bilingual Week of Action and ensuring that the SGA informs the francophone as well as the anglophone members of its activities. I'm looking forward to an interesting and busy year in 1997-98.



SENATOR

Hello, my name is Todd Bosak. I have been acclaimed as an SGA Senator for the 1997-98 academic year. I am taking this opportunity to tell you a bit about myself and about what I think needs to be done next year here at Laurentian.

I am a second year mature student taking a double major in Psychology and Law and Justice and am originally from Welland. I spent this past year as an off campus representative on the SGA board. I was also the president of the Laurentian NDP besides being active in the Laurentian Coalition for Social Justice.

I look forward to serving as a Senator this coming year for many reasons. The most important reason is because Laurentian is at crossroads. As students, we have seen tuition increases of at least thirty per cent over the past two years. It is clear to me that anyone who chooses to hold any sort of SGA office must be prepared to stand up for students and prevent the imposition of any further increases or any further service cuts. Regardless of ideology, we all must send a clear message to the provincial government which states that we will not tolerate any further attacks on the accessibility of this institution. I intend to send just that sort of message.

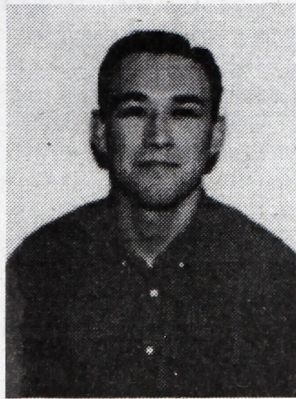
I am eager to find out what the student body sees as priorities for the Senate and the SGA in the upcoming year. I hope to talk to all of you in the near future so that I may bring your concerns to the Senate. If anyone has questions about the Senate, or concerns that need answers please call me at 669-1567. Have a great summer and see you next fall.

VP FINANCE
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Cindy Henriques

EXECUTIVE-ELECT FOR 1997/98

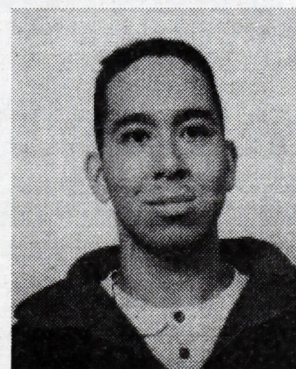


SENATOR

My name is Brian Kett and I will be representing you again as SGA Senator. What I bring to this job is experience. I have served for almost three years now on the SGA board. Of these three years, I have served for almost two years as Senator.

The university Senate is the academic decision-making body of the university. Senate also consists of numerous committees, which meet to discuss issues and to advise Senate on various matters. What I feel to be the most important component of having student representatives on Senate is student input. Whether you speak to your SGA Board representatives or to the SGA's Senators ourselves, your input is what matters. Our position as Student Senators exist to represent you, the students, that affect you, the students.

If anyone needs to talk about any matter at all, please contact me through the SGA office at 673-6547 or drop by the office in the Student Centre. I look forward to serving you in the year to come.



SENATOR

Last year numerous people came to me with the question, "Will, do you have the necessary leadership skills needed to sufficiently fulfill the position of SGA Senator?" Well, after a year behind the saddle, and knowing exactly what the requirements are, I can say: ABSOLUTELY.

This year I have continued my involvement with student political organizations, and am currently sitting on Academic Senate through the SGA. This past year has given me an even further knowledge into the intricacies of the SGA, and also of Laurentian University Academic Senate. Last year, I had the privilege of having to run for this position. By having to campaign to earn the vote of the student body, one appreciates the po-

sition even more. This year, all senate positions were acclaimed, but that does not diminish their importance at all. If anything, it makes even more important.

This year Senate has been primarily concerned with the academic restructuring of faculties and subsequently, of Senate itself. Rising costs of tuition and accountability also remain an issue that must be dealt with. Student representation on Senate still remains lower than acceptable. I have said in the past, and will continue stating that it is vital that we increase student representation on Senate, and all of its committees because ultimately, it is the student who is affected by "academic planning", policy changes and restructuring of programs. It is extremely vital that the best interests of the students are heard above the personal agendas and "petty squabbling" of the various deans, vice-deans, and professors at the Senate table.

In the past I have always maintained an "open door" policy in which anybody could approach me about any issue they may consider of importance. As in the past, I will represent the student body to the best of my abilities. I know what is expected of me, and I am glad to serve the students once again.

SENATOR

My name is Tara Parniak and I am a Senator elect for next year. As one of four SGA/AGE student Senators, I will be representing the students of the SGA/AGE at the Senate level. Senators keep the members of the



SGE/AGE board informed on upcoming events and past business of the Laurentian Senate and sit on various committees that deal with Laurentian services. They also take an active role in the participation and promotion of all SGA/AGE activities and services. I have enjoyed working with the SGA/AGE over the past three years. Through my work on the board this year I became aware of other students' frustrations and concerns regarding their education. I felt compelled to step in, represent students and work towards improving the quality of education that we are receiving here at Laurentian. I have a deep appreciation for this university. The importance of having a strong student voice on the senate cannot be stressed enough. I want students to feel that any concerns that they have are valid and should be heard. I am a very approachable person and I invite anyone who would like to speak with me about any university-related issues to do just that. I am here to represent you and I too, want what's best for students at this institution for higher learning. I have a vested interest in the rights and needs of the students and I look forward to being a strong link in the chain which consists of students, the SGA/AGE and the Senate.



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"Chronic Prostatitis"

Classification
by Ivo Tarfusser, MD (1996)

I. ACUTE PROSTATITIS

This form of prostatitis is very unfrequent. It is a quite severe disease characterized by high fever, chills, severe pain in the lower abdominal region and in the perineum, burning at voiding or difficulties to void. This disease is unfrequent, easily recognizable and has to be treated like other severe bacterial urinary infections.

II. "CHRONIC PROSTATITIS"

This is a very diffuse term, commonly used to describe a collection of symptoms characterized by the presence of pain or discomfort in the perigenital area (perineum, groin, testicular region) often radiating to the lower back or the inside of the thigh. The location of discomfort may vary from individual to individual, and in the same individual at different locations. A variety of micturitional symptoms from the lower urinary tract (frequent necessity to void, urgency, burning sensation at voiding, feeling of uncomplete emptying of the bladder, difficulties to keep completely tight, etc) may accompany the pain or dominate the picture. Many times, ejaculation is painful, or a crampy discomfort follows ejaculation. Regrettably, in every day's urological slang, the term "chronic prostatitis" is used very loosely by the professionals: from a patho-anatomical point of view, chronic prostatitis is a real inflammatory condition of the prostate which can be verified by histological examination of prostatic tissue; in every day's urological slang, however, the term is often used to describe the collection of symptoms listed above, even if there is to evidence of inflammation in the prostate. In fact, chronic prostatitis (= inflammation of the prostate) can produce a "chronic prostatitis syndrome" (i.e. the symptoms), but there are other conditions, not associated with inflammation, which can lead to identical symptom. In order to avoid such confusion, I will consistently use citation marks ("chronic prostatitis syndrome" or "chronic prostatitis") when I am referring to the more or less characteristic complaints mentioned above.

The subdivision according to Drach and colleagues is based on the analysis of the prostatic fluid (presence of white blood cells and/or micro-organisms):

1. Chronic Bacterial Prostatitis (CBP): presence of white blood cells and micro-organisms 2. Nonbacterial Prostatitis (NBP): presence of white blood cells, but no bacteria 3. Prostatodynia (PDy) = "painful prostate": normal count of white blood cells and absence of bacteria

Whereas acute bacterial prostatitis is rare, "chronic prostatitis" is very common, some reports estimate about half of the masculine population to be affected at least once in their life-time, others report even higher figures. Chronic bacterial prostatitis (CBP) is the least frequent condition with only around 5% of all patients affected by "chronic prostatitis". The occurrence of nonbacterial prostatitis (NBP) and prostatodynia (PDy) varies in different reports, but both share more or less half of the remainder. In office practice and in younger men, prostatodynia is probably dominating.

"Chronic Prostatitis"

Every urologist who is closely following whatever has been written or presented on the subject of prostatitis will soon discover that very little progress (if any) has been made during the past 20 years. This certainly is very frustrating for most doctors and patients, but can be a unique opportunity for those who want to dig into some large, yet still unexplored field in medicine (there are not too many left). This has been a challenge also to me, and I learned that a whole deal of very interesting knowledge can be gained by dedicating some positive interest to this matter. I would like to share my experience on this internet news group, which I consider a perfect platform for discussing this difficult field. In fact, I am convinced that scientific journals like the Journal of Urology are not suited for this purpose and I'll explain why: such periodicals accept articles only if they are based on methods which fulfill strict scientific criteria. However, I have found that in order to study something so diffuse like prostatitis one has to adopt more unconventional methods which regrettably have the disadvantage of not always being quantifiable (like e.g. the size of a kidney stone to be crashed, or the mortality in a population of cancer patients treated with a certain drug). Furthermore, there are too many variables involved in the genesis of "prostatitis", which, from a strict scientific point of view, renders any conclusion uncertain and questionable and, therefore, unsuitable for publishing on scientific magazines. This is certainly one of the main reasons for the nearly complete stall of prostatitis research. Sometimes, when we seem to be faced with an impenetrable wall, like in the case of this condition, it may be necessary to take a step backward to gain some distance and create new working hypotheses. Nevertheless, I am convinced that systematic observations can deliver a lot of plausible and practically useful understanding of this condition. In the following, divided into several articles, I will survey shortly the current view on "prostatitis" and, subsequently, based on the results of several years of studying patients with "prostatitis", I will try to expose my own considerations on the nature of this condition, and on what I think to be a meaningful approach for diagnosis and treatment. I want to point out that several conclusions are not officially supported by the urologic community (i.e. they have not yet been published by me or others), neither do I want to create the impression of claiming some sort of miraculous therapy. I am, however, sure that anybody (and not only me) really interested in prostatitis with a capacity to approach the problem with open eyes (avoiding to get stuck in the deadlock of current knowledge) can contribute with a lot of interesting observations.

MEN'S HEALTH ISSUES - FEATURE

The Causes of Prostate Cancer

Put in the simplest way, no one knows what causes some men to get prostate cancer while other men don't. Scientists and clinical researchers are working very hard to try to discover the answer to this very basic question. We hope they will find the answer soon. In the meantime, here are most of the things we do know.

The recognized risk factors for prostate cancer (i.e. things that make it more likely that a particular man may get this disease) include age, race or genetics, and environment. Approximately 317,100 American men are expected to be diagnosed with prostate cancer in 1996. This is compared to 165,000 in 1993. In other words, the incidence of prostate cancer has been rising.

Also in 1996, the number of American men who are predicted to die of prostate cancer was reported to be 41,400. Approximately 3% of all deaths of American men are currently believed to be caused by prostate cancer. This is a large number of people, but it means that only three men in 100 will actually die of the disease.

The fact that more American men have been found to have prostate cancer every year for several years now is not necessarily just because more men are getting prostate cancer. It is in fact much more likely that we have become better at finding prostate cancer. However, men are also living longer than they used to, so their chances of living long enough to get prostate cancer are increased.

The importance of genetics

If your brother or your father or your uncle has or had prostate cancer, then there is an increased chance that you will have prostate cancer. In other words, for many men the risk of prostate cancer is associated with a family history of the disease. However, this DOES NOT mean that just because your father had prostate cancer you will get prostate cancer! It DOES mean that the more relatives you have who had or have prostate cancer, the greater is your risk. This is important and affects when a man should start to have regular check-ups for signs of prostate cancer.

As with other diseases, scientists and other researchers are racing each other to find genes which are common to individuals with prostate cancer. In a variety of cancers (breast cancer, renal cell carcinoma, and others) genes have now been found which are specifically related to these cancers in some families with a very high incidence of that particular disease. We may well discover a similar situation in prostate cancer very soon. However, these genes are just one step on the way to greater knowledge. Their discovery and isolation will not immediately lead to genetic tests for prostate cancer in most individuals, let alone to some form of universal cure for this disease.

You are likely to hear more and more about the genetics of prostate cancer in years to come, along with references to genes like p53, Her-2, neu, and others, most of which will have minimal actual impact on your personal situation.

The significance of race

Prostate cancer is much more common in some races than in

others. For example, Japanese men living in Japan have an extremely low incidence of prostate cancer. By comparison African American men are at very high risk of this disease. Why is this? We don't know. What we do know is that it isn't just about their genetics and heritage, because men of Japanese origin living in America have a similar risk of prostate cancer as any other average American man living in the same area! However, race can be an important factor in determining when a man should begin to have regular check-ups for signs of prostate cancer.

The age factor

As you grow older, your chance of having a diagnosis of prostate cancer increases. In fact, we believe that one of the reasons that prostate cancer is now so much more common than it was 50 years ago is very obvious: more men live longer today than they did 50 years ago. If you live longer, your chance of having a diagnosis of prostate cancer goes up proportionally.

The average age of men diagnosed with prostate cancer in America is well over 60 years. However, the range of ages is very wide. Cases of prostate cancer have first been seen in men in their twenties and in men in their nineties.

What about diet and the environment?

There is a great deal of circumstantial evidence that appears to support the idea that diet is important in the avoidance of prostate cancer. On the other hand, despite a great deal of effort to prove connections between diet and prostate cancer, we have totally failed to do this. One recent major study has clearly linked prostate cancer risk with saturated fat intake. The most likely situation is that a good, well balanced diet which is high in fruit and vegetables and relatively low in red meat and fats will be better for you than a diet that is high in red meat and fats. This is true generally, and has nothing especially to do with prostate cancer! Eating well is good for you! There is no known diet that will prevent prostate cancer -- and there probably never will be!

Roughly the same is true of the environment. The cleaner your environment the less likely you are to be at risk of prostate cancer. But then that is true for nearly all cancers, and explains why smoking is such a particularly foolish thing to do if you want to avoid cancer. Smoking introduces pollutants directly into your lungs, and from there to almost every other organ of the body. You might as well go and stand beside the nearest major freeway and inhale car and truck exhaust fumes all day! Once again, however, there is no perfectly clean environment that will allow you to live without the risk of prostate cancer!

Having said that, why is it that when Oriental males move from Asia to America their risk of prostate cancer rises so rapidly? Is it the change in diet? Is it the change in the environment? Is it just that they are more likely to get tested for prostate cancer in America than they were in Asia? What is going on? Unfortunately, we

don't know. We do know that there is a lower incidence of prostate cancer in the Mormon community than in the USA as a whole. Mormon diets tend to be higher in fruits and vegetables than those of the average American. Is this the defining factor? Again, we don't know.

Are all cases of prostate cancer equal in risk?

Bluntly, no they aren't. One of the most infuriating problems is that for many men a diagnosis of prostate cancer is not significant! If you look at the prostates taken from 100 American men over 50 years old who die in car crashes and similar accidents, that is men who never showed any clinical sign of prostate cancer while they were alive, you can, in fact, find small areas of cancer in the prostates of about 30 of those men (30%). Those men could have lived for years with those small areas (foci) of prostate cancer -- or some of them could have been diagnosed with clinically significant prostate cancer just a few months later if they had lived. If you do the same thing with American men over 90 years old, you find that 90% of them have microscopic evidence of prostate cancer.

These small areas of prostate cancer tissue that do not develop into clinically important diseases are often called "latent" prostate cancer. For an average American man of 50 years of age, with a reasonable life expectancy of another 25 years, the chance that he will develop a microscopic focus of so-called "latent" prostate cancer tissue is estimated to be 42% (that is, 42 of 100 such men will get such a microscopic focus). However, the chance that the same man will get clinically significant prostate cancer (that is, prostate cancer that is associated with clear signs or symptoms of the disease) is only 9.5%. Finally, of the same 100 men, only about three will actually die of prostate cancer. So you can clearly see that while many men may get prostate cancer, it will actually affect relatively few of them very seriously. It is often said that most men are much more likely to die with prostate cancer than because of this disease.

We do not yet know how to tell which men with a small focus of prostate cancer are most likely to go on to get clinically significant disease. This is one of the most important things to understand about prostate cancer. It affects almost everything about the disease. It is something you should think about and discuss with your doctor before you ask to have specific tests for prostate cancer and most certainly before you receive treatment for early stages of prostate cancer which are confined to the prostate. You may be better off NOT having the specific tests if you have absolutely no reason to believe you are at risk for prostate cancer. And even if you are diagnosed with a small focus of cancer confined to the prostate, you may be better off if the doctor practices so-called watchful waiting rather than attempting curative therapy. You and your doctor need to make decisions like this together, and you should ask your doctor for all the information he or she can give you before you take those decisions.

Some Cases of Impotence

Contrary to popular belief, 85% of all impotence is due to physical, not mental, causes. The most common causes of impotence include:

- vascular disease
- diabetes
- neurologic impairment
- pelvic injury
- prescription drugs
- hormonal imbalance
- peyronie's disease
- psychological disorders

Vascular diseases such as arteriosclerosis (hardening of the arteries) and heart disease are common medical causes of impotence. Stroke can also cause vascular damage. So can smoking and alcohol. M.D. Diabetes is one of the most common causes of impotence and eventually occurs in about 60% of all diabetic men. How? It's usually related to vascular or circulatory changes in the blood vessels. Sometimes though, the disease causes dam-

age to the nerve endings in the penis which can interfere with the process of erection. M.D. Neurologic impairment, from injuries to the spinal cord or brain, can also cause impotence. Alzheimer's Disease, Parkinson's Diseases and Multiple Sclerosis would also fall into this category. M.D. Pelvic surgery such as to the prostate, bladder, rectum or colon, can cause impotence if the blood vessels or nerve pathways used during erection are damaged. For instance, in prostate surgery where cancer is involved, surrounding tissue and nerves may need to be sacrificed to stop the spread of the disease. Pelvic or groin injuries are another cause. Accidents such as falling on the crossbar of a bicycle, can damage blood flow to the penis. Recent studies have also linked water sports, gymnastics and horseback riding to these types of extreme pelvic injuries. M.D. Prescription drugs, over 200 in fact, are also known to cause impotence. The most common are diuretics and blood pressure medications followed to a lesser degree by tranquilizers, antidepressants, sedatives, other psychiatric drugs, and many over-the-counter medicines. Longterm use of alcohol, nicotine and illegal drugs (cocaine, marijuana,

LSD, etc.) can also lead to impotence. M.D. Hormonal imbalance, such as testosterone deficiencies, makes up about 3% of physically caused impotence. These statistics further support the fact, that unlike popular opinion, impotence has very little to do with one's "manliness." M.D. Peyronie's Disease is a relatively rare condition in which an inflammation within the penis causes scarring that leads to curvature. Erections can be painful and the bending of the penis may interfere with sexual activity. M.D. Psychological or mixed-cause (mental & physical) impotence occurs in about 15% of cases. This type includes: mental or emotional problems such as depression and loss of self-esteem; anger or tension with one's associates or sexual partner; fear of failure after one or more unsuccessful attempts; or fear of contracting sexually transmitted diseases. Also, impotence is not a normal consequence of aging. M.D. And finally, because impotence is often a symptom of a deeper medical disorder, every man who experiences erection problems should seek help from a qualified medical doctor (family practice physician or certified urologist.) This assures proper and potentially life-saving medical treatment.

Prostate Cancer Prevention

The major increase in the number of cases of prostate cancer identified in recent years has led researchers to consider the possibility of preventing prostate cancer development in selected individuals at highest risk of this disease. The availability of new pharmaceuticals with relatively minor side effects has also helped allow researchers to carry out careful investigation of this possibility.

The Prostate Cancer Prevention Trial

The Prostate Cancer Prevention Trial (PCPT) was organized by the National Cancer Institute in 1993 as the first ever large-scale trial for the prevention of prostate cancer in the USA. It is designed to test whether a pharmaceutical known as finasteride or Proscar (made by Merck & Co.) will prevent men from developing prostate cancer.

This trial will involve 18,000 men who are at least 55 years old. The minimum age limit of 55 was chosen because older men are much more likely to develop prostate cancer than young men. According to the National Cancer Institute, of every 100 cases of prostate cancer discovered, 98 are in men over 55 years of age.

The 18,000 men who take part in this trial will be divided into two groups at random. Half the men (about 9,000) will be asked to take one finasteride tablet per day for 7 years. The other 9,000 men will be asked to take a placebo tablet every

day for 7 years. A placebo is an inactive tablet that looks exactly like the active tablet in the trial (in this case finasteride). However, none of the men in the trial, or their doctors, will know whether an individual patient is taking finasteride or the placebo. This system is known as "double blinding" and means that there is the highest possible chance that the results of the trial will not be affected by the individual knowledge of trial participants or their personal physicians. At various times, the two groups of men will be compared to see if there is any difference between the rates of prostate cancer development in the two groups.

We had previously reported information suggesting that this trial is not enrolling patients as fast as was hoped, and also that patients were dropping out of the trial at an unexpectedly high rate. We are delighted to report that this is not the case. Accrual and randomization of patients to this trial are in fact above the requirements originally projected, and drop-out rates are within the expected limits. Additional information is available in a Letter to the Editor from Phyllis Goodman, the lead statistician working on this trial.

Why should finasteride prevent prostate cancer development?

There is no absolute proof that finasteride can prevent the development of prostate cancer -- even in laboratory animals. However, the way in which finasteride works -- also called its mechanism of action --

means that it has certain effects which could lower the risk of men developing clinically evident prostate cancer within a specific time period. For example, finasteride can reduce the level of a hormone known as dihydrotestosterone or DHT in the prostate, and we know that DHT is important in the development and growth of prostate cancer.

The really important reason why finasteride is the first pharmaceutical ever to be tested in a large clinical trial for prevention of prostate cancer is that it appears to have an exceptionally low level of side effects. According to most authorities, even those side effects that have been documented are comparatively mild. In this trial, an active pharmaceutical is being given to men who are perfectly healthy. This means that the pharmaceutical (finasteride) must be as safe as possible, so that the risks associated with taking the pharmaceutical for seven years are very little more than the risks associated with taking the inactive placebo.

NEXT
ISSUE
MARCH
20TH

Impotence

by Jason Bingham
features editor

Impotence is probably the most frustrating male problem known today. It is certainly one that no male wishes to have at any given time. Impotence is the most untreated, treatable medical disorder in the U.S. In 1996, the Impotence Resource Center of Gedding Osbon Sr. Foundation, conducted several studies covering various aspects of impotence. That would include: Facts about impotence, Diabetes, and Heart disease.

Perhaps the most difficult part of impotence involves separating fact from fiction. For a lot of men, virility and self-esteem are so tightly intertwined that discussion can be difficult and embarrassing even with people they trust such as their partner or doctor. And even though 85% of impotence is a result of physical causes, once erection troubles are perceived, emotional factors often compound the problem.

Impotence is NOT "all in your head." Only 15% of impotence can be attributed to psychological causes. It is usually a secondary condition brought on by other physical causes. In fact, evaluation by a physician may save your life! Erectile difficulty is frequently the first sign of vascular disease which could lead to heart attack or stroke. It may also be a first sign of diabetes.

Impotence is usually NOT a normal consequence of aging. It's true that the likelihood of impotence increases as you get older, but erectile difficulty is more likely the result of medical problems that occur at a greater rate as a man ages.

Impotence is NOT just a man's problem. Because it can disrupt marriages, relationships and the way sufferers feel about themselves, impotence is a couple's problem. In fact, treatment success rates are even higher when both partners are involved.

Impotence is NOT permanent! About 95% of all impotence can be successfully treated, once the cause has been determined.

Facts About Impotence

Impotence is the inability to achieve or maintain an erection suitable to complete sexual intercourse.

- is often called the most common untreated, treatable disorder in the world.
- affects an estimated 30 million men in America.
- can be successfully treated more than 95% of the time. (Yet fewer than 5% of those affected have been treated.)
- is not merely a consequence of aging, though it is secondary to medical conditions that increase with age.
- should always be evaluated by a physician since it may indicate a serious underlying medical condition.
- may be a symptom of other medical problems and is an indicator of total health.
- is frequently a symptom occurring only weeks or months before a major cardiovascular event such as heart attack or stroke.
- can result from chronic use of tobacco because smoking may affect penile arteries and reduce blood flow to the penis. (Engorgement of the penis by blood is the basis of natural erection.)
- is a couple's problem. It may affect an entire family unit because it can disrupt marriages, relationships and the way its victims feel about themselves and each other.
- is a difficult subject for many to discuss. Personal embarrassment and lack of knowledge frequently prevent individuals from seeking medical help. Many turn to more easily available, non-proven "remedies." Victims of "sensitive disorder scams" seldom go to legal authorities for assistance making this an easy "crime" to perpetrate.

Facts About Impotence and Diabetes

- affects an estimated 30 million men in America--40% are diabetic.
- affects one out of two diabetic males over age 50.
- is frequently associated with autonomic and peripheral neuropathy in diabetic men.
- can be successfully treated more than 95% of the time.
- can be successfully treated by the diabetologist without surgery or drugs.

Facts About Impotence and Heart Disease

- can be secondary to arteriosclerosis. Chiu, et al reported an incidence of impotence in 93.4 of patients documented with coronary artery disease.
- was found in 39% of patients being treated for heart disease. Feldman, Goldstein, et. al. also found impotence significantly more prevalent in men taking antihypertensives (14%), vasodilator (36%), and on cardiac drugs (28%), than in the sample as a whole (9.6%).
- is greater in smokers with heart disease and hypertension.
- affected 64% of 131 men hospitalized for acute myocardial infarction. (Wabrek and Brechell)
- affected 93% of animals with 50% or greater luminal conlusion of the iliohypogastric arteries. (Azadzo and Goldstein)
- was found in 57% of patients who underwent coronary surgery. (Gundle, et. al.)
- frequently follows myocardial infarction. Tuttle found two-thirds of patients reported marked and lasting decrease in frequency of sexual intercourse, and 10% experience total impotency after MI. (Tuttle, et. al.)
- can be treated 95% of the time.

Male problems in today's society

by Jason Bingham
features editor

Unfortunately for males, sexually related problems are quite common. Being sexually active creates not only a great health risk, but also problems physiologically. The most common problems would include topics such as several STD's (but I won't get too far in to that one, if you are not unaware of them by now you should not be participating in sex). Others would include; premature ejaculation, Syphilis (We always hate that one), Vasectomy (every Husband's nightmare), Genital Warts (who Knew?).

If you think that sexually transmitted diseases are only Gonorrhea, Syphilis and Aids, then think again. One of the most common sexually transmitted diseases in males is genital warts. It is by far, the most common STD today within the college age. Incidence of warts have almost doubled over the past ten years. The major problem with genital warts is not the lack of treatment but the identification of them which is extremely difficult. In the United States alone nearly three million cases have been found annually (Scary shit, eh fellas). The major danger, according to researchers now believe that Genital warts have begun to play an important role in the development of cancer. Genital warts also known as Venereal warts in many cases have no visible symptoms at all. On males they do tend to become more noticeable hiding around or on the head of the penis. They appear to be low bumps or flat spots, so if any of you detect this on themselves be sure to see you doctor immediately. The Biggest worry:

One of the largest problem with genital warts is the fact that they are heavily contagious and the fact that 90% of them are not visible to the naked eye, it is extremely scary. But on a better note, genital warts are easily treatable. The only shitty thing about the treatment is the fact that a common form of treatment is liquid nitrogen on the males penis. But even at that rate, 20% of cases have the warts return. "The bastards come back." It is really something for all males to think about, and please get treatment if necessary.

Vasectomys are every husband's nightmare, the common male sterilization operation. One thing to keep in mind is that it should not effect your sex drive or performance in any way. It is safe, simple, inexpensive and nearly painless. I guess you could say that it is the safest form of birth control, short of never having sex at all. The only major aspect that could arise as being a problem is that it is "Permanent." Although it is possible that the surgery can be reversed, it is not likely to stay for long. The surgery is so simple that it usually only takes about 15 or 20 minutes and is usually performed in a doctor's office under local anesthesia. Once the scrotum is shaved, sterilized and numbed, a tiny incision is made in the scrotal skin. There are only a few minor complications prior to the surgery. Out of one hundred men who have had a vasectomy, about 4 or 5 develop complications, but most are easily treated with ice packs or wearing a jock strap to support the scrotum for a few days. So really, a vasectomy is not really a problem. It seems to be more of psychological problem than a physical long term thing, so don't worry too much guys.

Premature ejaculation: Is a very common problem among men. The term premature ejaculation is a term that

is so vague that therapists have argued the correct definition. Some say that premature ejaculation is when a male is unable to keep his penis inside his love for longer than 1 or 2 minutes or whatever, before ejaculated. Or he is unable to last only a few strokes, maybe 50 to 100, but William Masters, M.D., and Virginia Johnson, of the Masters and Johnson Institute in St. Louis, suggested that a man has premature ejaculation if he reaches orgasm before his partner more than half the time. (Who really knows). The late Dr. Alfred Kinsley reported that 75% of men ejaculate within 2 minutes of vaginal penetration, so by at least one of those definitions only a quarter of men are normal. Premature ejaculation really means that you are not lasting with your partner as long as you would like to, or you are not satisfied with your length time in the sack. The major problem with premature ejaculation is that they have simply gotten in to the habit of going directly from arousal to orgasm, without have in the sensations during. In other words.. "If sex was a ten course meal, they'd go directly to the dessert." Often this pattern gets started early, we learn to mature where ever within 30 seconds for fear of getting caught. It is basically a bad habit rather than a problem, not a disease or something. One myth is that it is caused by not being circumcised, that is simply not true.

It is also unlikely that premature ejaculation is caused by a physical prob-

lem, but if you are worried then it might be best to see a urologist. Things such as a hormonal imbalance, prostate infection urethritis or some nervous system disorder might affect ejaculation.

The best common way to overcome premature ejaculation is to practice and learn ejaculatory control. Today, many therapists tend to favor the stop/start method because it's simpler and seems to work just as well, says Dr. Birch. The first thing for anyone to do when overcoming premature ejaculation, is to simply relax. It is a common problem among 75% of males so it is not necessarily a problem, but if one feels that it is running his life, then an appointment with his physician is crucial.

Syphilis: The good news about syphilis is that if it is diagnosed early, it is not all that difficult to cure. One course of antibiotics (typically penicillin tetracycline and/or doxycycline) can usually knock it right out of your system. The causes of syphilis is by spiral shaped bacterium, or spirochete. Syphilis generally finds its way through the skin and from there spreads all over. After they have penetrated the skin, they usually enter the bloodstream, and within a week, they have spread thought the entire body. If left untreated, the infection goes through at least three stages over a period of many years. During the first stage, a single painless sore will appear at the spot in which it has entered the body, it usually shows up within 10 to 90 days

affection, almost all on the genitals.

Syphilis is an extremely tricky disease. In a month or two, the sores heal and disappear leading affected people to believe that they have all gone away, they are wrong. It simply means that it has disappeared inside the body and continues to do damage inside the body.

Later stages: Phase two generally shows up about six months after the sore goes away. By then, the syphilis has spread throughout the entire body. A measles-like rash will appear on the palms of hands and soles of feet accompanied by what feels like a flu. They will also have symptoms of white sore within the mouth and throat and they may begin to lose weight as well as their hair in patches.

In the battle against Syphilis, here are a few things to keep in mind. Syphilis is extremely stubborn, and there is no real assurance that the disease is completely gone. Which is why it is crucial that after taking the antibiotics to return to the doctor for a follow-up blood test. Also return years after for further testing. Until you are completely cured, you should avoid sex at all costs, nobody wants to risk spreading the disease to their partner. Researchers also believe that Syphilis and AIDS go hand in hand, so make sure that you take an AIDS test while being treated for Syphilis.

Does a man really go through Menopause



by Jason Bingham
features editor

I'm sure we all know what menopause really is, it's usually when your mother suddenly becomes extremely hyper and moody. One minute she's in the most beautiful mood, laughing and having a great old time, then in one slight minute the mood changes. You see her in an entirely different way, that beautiful and caring mother now seems like a real bitch from hell. My mother for example is the sweetest person I know so it was not hard to tell she was entering the lovely world of menopause. It was like a Doctor Jekyll and Mr. Hyde episode. Anyways, many researchers believe that man also enters this lovely world of Menopause. Great, I get to become a real asshole later on in life, and here I thought I was a big enough one now. I guess I'll just have to wait and find out for myself.

Many men, on reaching their late forties or early fifties, have emotional problems similar to those of a woman going through "The Change of Life." But a middle-aged man does not have any telltale physical sign. Though his testosterone pro-

gressively declines, it never reaches zero, like a women's estrogen does. As the years pass by, men may lose lots of sexual desire or energy that would have had on a regular basis when they were twenty in addition to physical incapacibilities (We all know what that is). Even though researchers claim that there may be male menopause, there is really no evidence to prove that. The main question then is, What is male Menopause then?

It is most likely a combination of psychological and social factors. A man in his middle ages will often feel dissatisfied with his achievements in life, will see the

world passing him by. His achievements throughout his life may not have met his ultimate goals, and is left feeling depressed and lost. He may also feel a bit helpless as his children grow up and are no longer under his control. With acknowledging that there life long accomplishments are nowhere near their dreams, may make them question their manhood or his own virility, and sexuality. You be the judge if you think this is a form of male menopause or just something else. Call it what you will, it is still an emotional male problem that enters many males at the age of 40, and in some cases treatment may be necessary.

Pseudofolliculitis Barbae

Pseudofolliculitis Barbae is a disease which is caused by shaving. Many people refer to this disease as razor bumps. The first goal of this organization is that sufferers of this disease and the general public become comfortable with the medical abbreviation PFB. By using the term PFB, you acknowledge that you are medically aware of this disease.

PFB, unlike many diseases, does not need constant expenses, numerous doctor visits or attention when the most effective method of treatment is followed. The most effective treatment and often-times considered the only cure is to grow facial hair. Facial hair, of course, is widely known as a beard. When this procedure is followed, PFB is no longer known to exist. The problem that PFB sufferers have been forced to deal with is that many companies and our society do not and have not accepted the practice of allowing individuals that suffer from PFB to grow facial hair. PFB Sufferers of America, Inc. has been formed to make the general public aware of the disease, to make sure that individuals suffering from PFB will be allowed to grow facial hair, and to make sure in situations where accommodations are needed that the accommodations are readily made, and when these accommodations are not made, that those found to be at fault are notified and changes are made.

The support and efforts of everyone is needed to achieve these goals. Numerous people have been and are being racially and medically discriminated against because they suffer from PFB. The time has come to put an end to this great injustice. Each individual has the right to choose his or her method of treatment when a disease is diagnosed, and PFB sufferers should be extended this right.

**NEXT WEEK'S
FEATURE WILL BE ON
SUBSTANCE ABUSE.
SO BE SURE
TO CHECK IT OUT!!**

Infertility in males

by Jason Bingham
features editor

Fertility problems in males is one of the most frustrating male problems when it comes time to start a family. Having problems reproducing can really take its toll on males especially emotionally. The feeling of worthlessness and failure is common, but your not alone. Although many relate infertility with the female, 25% of the problem is caused by the male. Two out of five couples have problems with infertility, and 25% of the couples is the male. Fertility diagnosis and treatment is lengthy, time consuming, and very expensive. Working with the fertility physicians from day one will help to improve the situation. It is essential that a semen analysis is done on the man to see exactly where the problem area is. Many factors are believed to cause infertility in males, problems such as: unusual stress, fever, certain medications, or any injury to the testicles. Doctor's believe that there are four major factors that are 15 to 20% rare conditions or disorders that can not be diagnosed. They are known as; Pretesticular, Testicular, Posttesticular and Ejacula-

tory process.

The Pretesticular is the disturbances in the hormonal system that causes 10% of male fertility problems. Your brain plays a key role in the regulating the hormones that affect the development of sperm (spermatogenesis). The process begins when part of your brain emits a substance called Gonadotropin, which releases a hormone that stimulates your Pituitary gland, located at the base of your brain. A number of conditions can interfere with the development and timely delivery of these hormones. When the system breaks down, low sperm production or no sperm production at all may result. If you have pretesticular problems, good chance of responding to hormone replacement therapy that could restore everything back to health.

Testicular function: Testicular failure represents 55% of male fertility problems. To respond properly, your testicles must be capable of reproducing sperm. If they have been damaged by a varicose vein in the scrotum or by excessive heat, toxins, or disease. If damage failure is severe, not much can be done to improve performance. Testicular problems are found in 40% of men with fertility problems frequently respond to surgical repair.

Post testicular Function: Tu-

bal obstructions count for about 6% of male infertility. The male post testicular system ducts must be capable of storing and delivering your sperm. Sperm delivery problems would include: obstruction, irruption of the tubes as a result of congenital, malformation, disease, surgery, or trauma. Larger surgery techniques are usually excellent for duct repair and restore fertility.

Ejaculation Disturbance, Impotence, sexual problems: Ejaculatory disturbances and sexual problems may prevent you from delivering sperm to the wife's vagina. These disorders represent 10% of problems. Premature ejaculation, delayed ejaculation and impotence may stem from surgery, medication, altering sex techniques and counseling often overcome psychologically based sexual performance difficulties.

Fitting into one category is not an easy task. Sometimes a man will have mild or moderate symptoms or related different problems. Complications and test results will appear confusing. The doctor's stress that males should not do self diagnosis as to which category they are in. They must make sure that they see a professional so that they can receive the proper treatment for the specific diagnosis.

being a tool, or object that can be forced to work by sheer will. According to Dr. Berger, after all, will-power and goal orientedness are the way he accomplishes everything else in his life, so why not sex. Unfortunately, it does not work that way. You can't force an erection to happen, no matter how hard you try. In today's working world it is not all that uncommon to be completely stressed out and full of anxiety, so naturally having sex sometimes may not result in a fulfilling way.

The best thing for any male to do is to forget about the failure. Short term sex therapy can cure the problem in not time at all. Performance anxiety can perhaps be thought of as a paralyzing fear of failure, and overcoming that requires a whole change of heart. In Dr. Birch's view, "One of the most important things is to learn the concept of 'fail safe' sexuality, that there is no failure in a loving relationship."

Performance anxiety mind over matter ?

by Jason Bingham
features editor

Performance anxiety is an extremely common sexual dysfunction that demonstrates the negative power of the mind. It is heavily in the relation to failure. Failure to receive an erection or mind filled memories of past sexual relations that ended in failure. This mind over matter issue can eventually cause the male to not receive an erection and have a phobia of having sex. The person has a lot of fear, anxiety and self doubt that becomes so overwhelming that it takes over his body's sexual func-

tions. Dr.'s claim that part of the problem is namely directed towards the actual phrase "Performance anxiety," When men see sex as being a performance almost as if it were a professional sport, rather than physical pleasure. Once sex is thought of this way, it is only natural that they start worrying about failure.

What anxiety does to sex: Anxiety plays strong role in performance anxiety, the combination of anxiety and sex sometimes is a devastating result. The mind has gotten in the way of the body. The trick is simply to get out of the way and let sex happen by itself. The body knows perfectly well what to do, they just have to let it do its job. Dr.'s claim that most men thinks the penis as

Baldness in Males

by Jason Bingham
features editor

Baldness is probably one of the most frustrating male problems while turning in to adult hood. When baldness occurs, the male is left with the feelings of being unattractive to women and can become frustrated when entering the dating stage. Luckily, for many men in today's society technology has is beginning to help those with baldness and the results are great and in many cases fully restored.

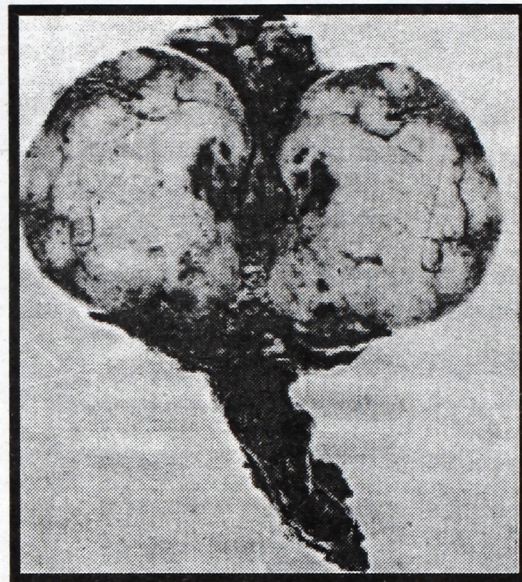
Baldness may occur from genetic factors, scalp disease, hormonal disease or a traumatic hair loss experience. Very few people suffer

from hormonal disorders or rare scalp diseases. Balding is most common in males of the 24 to 38 age group and it is usually inherited. both sexes, approximately 15% of women can also be affect by the so call "Male Pattern Baldness," which can start as early as the teens.

Treatments are now becoming more and more recognized thanks to new technology. With this new technology, baldness can usually be fully restored. Minoxidil is a common practice that is used to slow down or prevent hair loss in the early stages. It may, in some cases, even grow short fuzz but not fully restored hair. Doctor's have been combining Minoxidil with a vitamin A deriva-

tive to enhance its effect and decrease any possible side effects. Unfortunately, this treatment is not permanent. It usually only lasts 30 months then treatment must begin all over again. The end result: Long term, very expensive requiring two daily applications, basically, a temporary aid to baldness. If you are looking for a long term permanent aid, then you should investigate the various hair transplant options available to you. But you must be aware of the heavy cost and the possibility of severe side effects that may come with such transplants. IF you ask D'Arcy he'll tell ya "just leave well enough alone, chicks dig it! and bald is beautiful."

Problems with your testicles what you didn't know



by Jason Bingham
features editor

It is quite obvious that males must depend upon their testicles, they are what makes us who we are in our adult life. They provide us with testosterone and sperm, for reproduction. The testicles themselves are made up of over 250 tiny components, each containing a maze of tubes in which sperm is manufactured. The only down fall of the male testicles is the central location, in which they are very vulnerable to be injured. They are also prone to more serious diseases such as; cancer, Cryptorchidism, and Klinefelter's.

Occasionally, baby boys are born with a condition called Cryptorchidism, or undescended testicles. The scrotum is empty. Undescended testicles are likely to cause the boy to when turning to man hood to become infertile. To add to this, they are also 40 to 50 times more likely to be cancerous than a normal testicle, according to Urologist and Microsurgen Sheman J. Silber, M.D. author of the "The Male."

One out of every 400 to 700 men, are born with a condition known as Klinefelter's syndrome, in which the testicles are extremely tiny. When they are this tiny, they do not produce proper normal amounts of testosterone, and often produce no sperm at all. The real problem is the fact that the boy is not born with the normal chromosomes XY of a male, or the XX pattern like a female. They instead are born with the chromosomes of an XXY pattern. The boy will not have a deepened voice at puberty, and sperm level is nearly non existent. Fortunately, new technology has enabled this problem to be quite easy to be treated. Large doses of testosterone eventually will return their sex drive back to normal.

Dr. Silber notes "it surprises me that how seldom the testicles are not seriously injured given the location." The testicles are in a location where it would not be all that difficult to become injured such as in rough sports hockey, football, rugby, lacrosse etc. If a serious blow to the testicles happens, it can in many cases, create a serious twist in the spermatic cord, when blood flow continues to enter the testicles under the pressure, the testicles become severely swollen. If they are not treated within 4 to 8 hours, according to Dr. Silber warns that the "testicles will die a slow and agonizing death." It is said that within a day they can get as large as a grapefruit, but within a few months they become as small as a pea. (pretty scary shit eh fellas?)

Testicle cancer is actually quite rare, but among men age 20 to 40. However, testicle cancer is the most common form of cancer for males within the college age group. The good fact is that once detected early, it is one of the easiest form of cancer to cure. Men should really see their doctor for a self exam should check ideally once a month.



Changing Lives: Telling the Stories of Northern Women

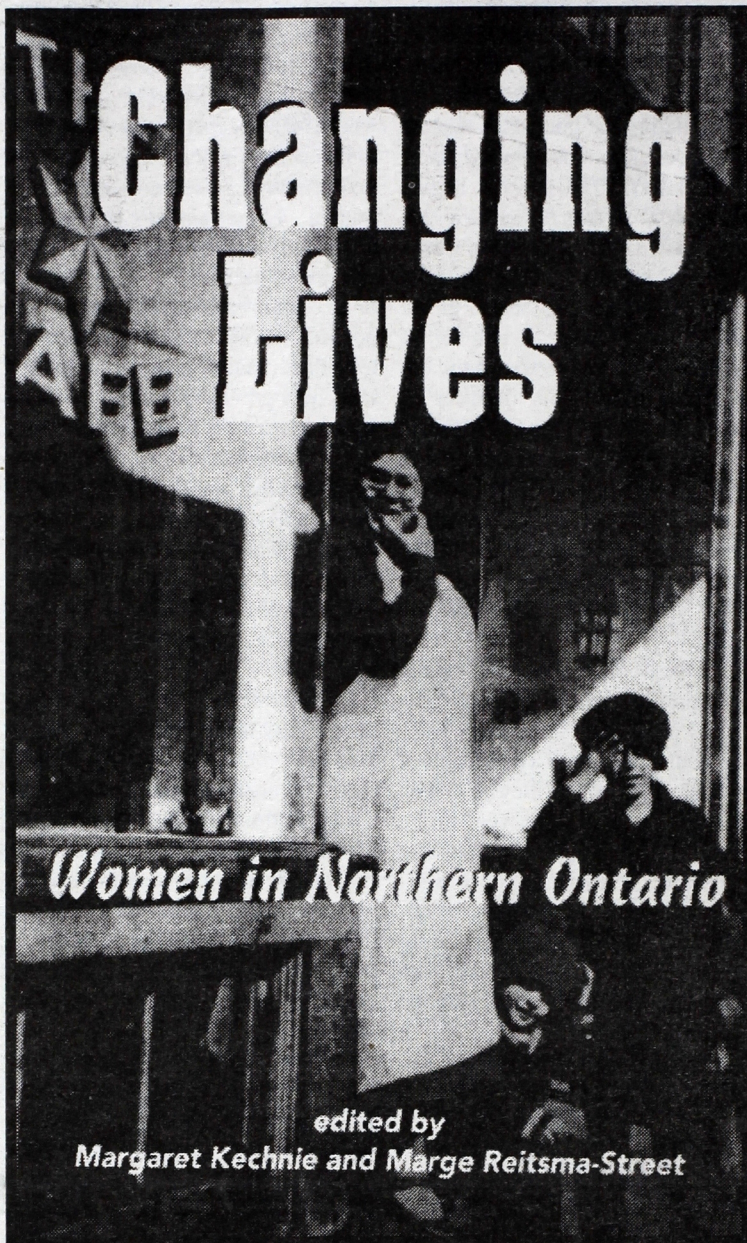
by Tara D'Angelo
Staff Writer

For the first time in history, Northern Ontario women have the opportunity to read stories of their ancestors. On Friday, March 7th, there was a book launch for the newly written book **Changing Lives: Women in Northern Ontario**. This book is the fifth in a series of INORD books which resulted from a symposium, but the first about Northern Ontario women. The authors are professors from various departments in the academic community here at Laurentian. They include **Marge Reitsma-Street**, associate professor

at the School of Social Work, who is co-editor, along with **Margaret Kechnie**, associate professor of Women's Studies, **Linda Ambrose**, assistant professor of history, **Karen Blackford**, associate professor of Nursing and many others.

The book chronicles many important social issues, such as violence, isolation and poverty as well as just simply telling stories of the individual people who made this particular area what it is. This book started off as required reading for a course I am taking, but it turned out to be so much more. I was born and

raised in the North and feel the amount of resources has been lacking regarding the stories and research dealing with women in this region of Ontario. The five poems by **Valerie Senyk**, which open the book, will take your breath away. If you were one of the lucky ones who happened to hear her reading at the book launch, you will know what I mean. The poems are aptly titled



with each of them speaking in the voice of a different woman, but who can be found in all of us.

Part one of this book is titled **Understanding Diversity** which

details experiences of the different kinds of women in the North such as Natives, Ukrainian, Hispanics, Blacks and Lesbians. Each of the different groups have a different story and experience to talk about and it is very important that everyone learns from their experiences.

Part two tackles the **World of Work**. In this section, individual women who were pushed in positions of nursing and teaching as well as groups of women who were ignored at the Centennial celebration tell their story. In the appropriately titled "*Every Miner Had a Mother*," **Jennifer Keck, Susan Kennedy** and

Mercedes Steedman detail the fight they participated in during the 1983 Centennial celebration where City Council failed to recognize the role of women in the development of the city. Through pictures and the development of an alternate logo, the Sudbury Women's Centre achieved their goal in telling the story of the mothers of miners as well as the women who worked at INCO.

Part three deals with an issue which everyone can relate to, **Daily Stresses**. Women's health, poverty, hazardous working environments, and violence and isolation are all topics which women in any city can understand. The article "*A Study of Violence and Isolation Experiences of Northern Women*" by **Marian Beauregard** was frighteningly real and even had me in tears at the end. The thought of going through something as repugnant as domestic violence is terrible, but to be completely isolated as the women interviewed was almost too much for me to handle. It is stories such as this one which reinforces the importance of breaking the silence and talking about this issue, especially in isolated communities.

The fourth and final section, **Sources of Change**, is the glimmer of hope in the community that no matter how many times women are set back, there are still people who are willing to tackle any odds and fight back for change.

This book is one which all people, women and men, should read. It is important to know where we came from as people, not just as men or women. For the first time, the stories are being told and the research is being done to pass along the important information to the future generations. The nicest part about his book, in my opinion, was the pictures. There are wonderful pictures placed around the book which do more than any article. There is one picture in particular which always catches my eye and makes me smile. The picture is of a Ukrainian woman holding a 21 pound fish very proudly. At the book launch, I learned this woman's name is **Annie Macks** and I was able to see the original photo. She even autographed my book. **Changing Lives** is more than just a textbook, it is a life story of many people who until now didn't have the chance to tell that story. It is time we all listened.

WHAT'S ON AROUND TOWN

Thursday, March 13th

It's the last night to catch **Scream** at the Cinescreen. A scary scary movie. You will not be disappointed. You should know that already with the horror master Wes Craven at the directorial helm. Courtney Cox, Drew Barrymore, David Arquette and Skeet Ulrich are in it so what more could you want?

Friday, March 14th to Sunday, March 16th

Catch the re-release of **Return of the Jedi** tonight at the City Centre Cinemas.

If that doesn't appeal to you, for the next few days, a movie called **The Whole Wide World** is playing on the Cinescreen. It tells the life story of Novalyne Price, played by Renee Zellweger, an attractive, feisty West Texas school-teacher and her bittersweet, romantic and turbulent relationship with Robert E. Howard, the author of Conan the Barbarian and Red Sonja.

Monday, March 17th to Wednesday, March 19th

At the Cinescreen, the Cannes Award Winner **Prisoner of the Mountains** is playing. This is a stunningly beautiful fable of love and war set in a mountain village where two Russian soldiers are held by a Chechen man in his family home. This is one of those movies you don't think you will like until you actually see it. Go and get some culture.

Demandes de logement à la REM présentement disponible (Résidence des étudiants mariées et adultes)

La résidence des étudiants mariés et adultes (REM) compte des appartements meublés et non meublés qui possède chacun une chambre à coucher.

Le loyer comprend l'électricité, le chauffage et l'eau, et le service de télédistribution.

Un nombre limité d'appartement sont offerts aux étudiants de 4e année qui désirent partager un appartement meublé avec un autre étudiant. Ces appartements comprennent un lit, un bureau, une lampe de bureau et une chaise par personne.

Les étages supérieurs sont offerts aux étudiants mariés et à leur conjoint ou colocataire, ainsi qu'aux étudiantes adultes (24 ans et plus) et aux personnes poursuivant des études supérieures. Ces appartements ne sont pas meublés.

Les demandes de logement à la REM sont disponibles au:

bureau du Directeur des services
Résidence des étudiants célibataires
rue des étudiants, salle G11

(705) 675-1151 poste 3005
à l'attention de: Ginette

À noter : la REM est une zone de tranquillité. Cette règle s'applique 24 heures par jour, sept jours par semaine. La résidence est interdite à tous les animaux.

Un autre succès pour la Troupe

par Carine Schlup

journaliste

Soirées de présentation

Mercredi le 5 mars, fut la première gloire pour les étudiants de la Troupe. La nervosité était à sa pointe dans la loge et dans les coulisses. L'audience se présentait impatiente. À la suite de quelques mots de remerciement de la part de Madeleine Azzola, le spectacle commença...

Jeudi, la salle était pleine, mais la performance des étudiants étaient meilleure que la soirée précédente.

Samedi fut la dernière chance pour le public de voir et vivre un performance spectaculaire. Pour la Troupe, samedi était la journée des adieux mais aussi la journée de donner son meilleur et de vivre l'aventure pour une dernière fois.



Le spectacle

Jacques Prévert: "Il n'y a plus d'enfants..." n'est guère votre pièce de théâtre habituelle, mais une collection de poèmes mis en scène d'une façon très originale.

Si vous n'aimez pas les poèmes cela ne fait pas de différence car la présentation à elle-même vous impressionne.

Derrière les scènes
En me promenant tout du parmi les spectateurs j'entendais les commentaires suivants: "C'est super!" "Je n'aurais jamais pu

faire, ce qu'ils ont fait" "Ils ont tellement de talent et du courage..."

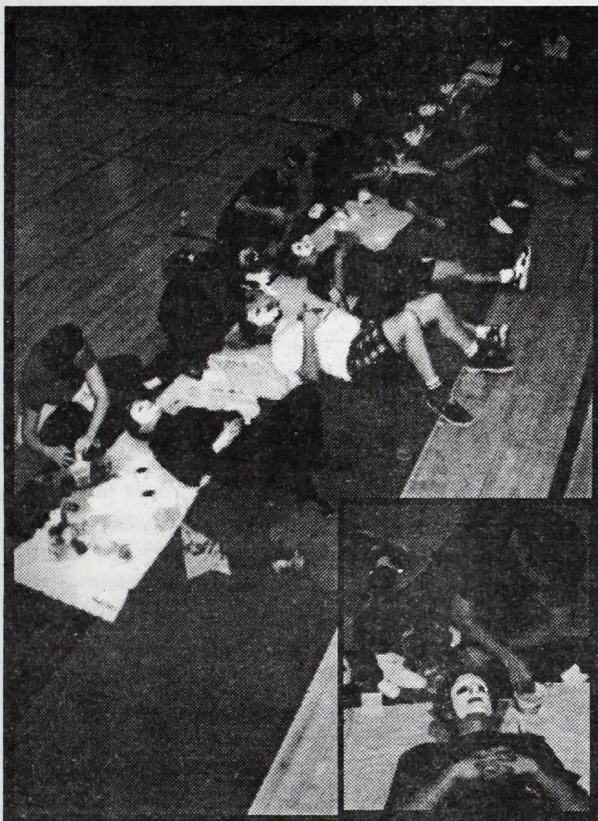
Laissez-moi vous dire que peut importe le talent que vous admirez, ce n'est pas venu du jour au lendemain. Quelques centaines d'heures ont été sacrifiées à la création de cet oeuvre.

Il est même très intéressant de constater combien chaque étudiant a appris pendant leur expérience avec la Troupe. C'est définitivement une place où l'on peut laisser aller ses idées, et essayer pleines de nouvelles choses.

Participer dans la Troupe est toute une expérience. On apprend à connaître tout du nouveau monde, l'un plus différent que l'autre; certains aiment la comédie, d'autres la musique ou la danse... C'est tout un échange d'intérêt et de passe-temps.

Quelques-unes des photos vous montrent l'une des activités de la Troupe: le temps de faire des masques..

La Troupe est comme une famille où l'on s'amuse, mange, apprend, rit et pleure ensemble...



Free Movie

rentals for 4 months (a \$400 value)

Come in to the store or restaurant between 5pm and 10pm and get a free ballot for the contest. Get an additional ballot with any purchase and one for every movie rental.

This advertising is for a contest. Limit of 1 free ballot per customer per day. Ballots are only given out between 5pm and 10pm. Free Rentals will begin April 15th, 1997 and end August 13th, 1997 (120 days). One free rental will be given everyday to the winner for 120 days. Unused rentals are forfeited. Rentals must be used by the winning customer and cannot be transferred or sold. In simple terms, you get one free rental everyday for 120 days. You cannot add days together, the limit is one movie per day. If you don't use one then you lose it and it doesn't get added on to the end. The rentals will start on April 15th and end on August 13th, 1997. No Reservations are allowed. Draw will be held April 14th, 1997 at 11am. Winner must have a membership account or one will be opened with proper I.D. No cash value and cannot be converted to cash.

Gloria's Video

469 Bouchard St., Sudbury
(Corner of Regent and Bouchard)
Hours: 6am to 1am

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My Two Cents Worth Zio's Cafe: A New Alternative

by Jane Djivre
Contributor

Over the past decade, cafes have become a hot alternative to the bar scene. Many are springing up all over Sudbury, from the Four Corners to Downtown, to New Sudbury and beyond. A number of establishments are seeing the need for alternatives in our city, and are striving to serve the "financially challenged" with unique and welcome changes. One such cafe is Zio's, located at the Four Corners in the Grand Prix Motel and on Lasalle across from the Supermall. Both are owned by Tony Sharma, who opened the first location in January on 1996 and the Lasalle location later that year. A third location is pending, with proposals to set up shop in the new bus station downtown. He is hoping the city will consider Sudbury's small business owners before allowing big chains to move in. In this way, more can be immediately put back into the community.



The goal of this cafe is to be a community-based company. Sharma believes that success stretches beyond profits and must involve giving back to the community. In Sudbury, Zio's has sponsored many events including the Canada Day fireworks, the Mother-Daughter Walkathon, the CNIB, the Heart and Stroke Foundation, Fringe Nord and an Olympic athlete as well as a recent trip for two to Jamaica, Antigua, St. Lucia or Barbados.

Lots of desserts. Enough to make you want to forget about your diet for a day. Not to mention the wide assortment of regular and flavored coffees, teas, cafe lattes, mochaccinos, cappuccinos and much more.

The prices are very reasonable, especially for students. Not only can you get an apple cinnamon tea for 95 cents, but you get it with style, in a cut ceramic tea pot shaped like fruit or a house. Coffee is the same price. If you want to get into other specialty drinks, you are looking at about \$2.00 to \$3.00. Desserts range from \$1.59 for pastries to \$3.49 for decadent cheesecakes. Did I mention they had good desserts? To make the deal sweeter, until May 1st, 1997, when LU students buy any beverage with school ID they get one free of equal or lesser value.)

Overall, I would say the prices are comparable with other doughnut shops, but you also get an atmosphere quite unique to most places I have seen. From a frugal standpoint, I would say it's a good place to take a study break without breaking your wallet. That's my two cents worth.

When stepping into the cafe, you are hit with atmosphere spawned by the couches, dimmed lights, live music entertainment on weekends, beautiful artwork by local artists and fresh desserts arriving daily from Rino's.

SGA
AGE

National Coalition
Building Institute
Canada

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Saturday, March 15, 1997
from 9 - 4 pm in L510

LIMITED TO 40 PARTICIPANTS
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NOTE: NO PETS ARE ALLOWED, AND 24 HOUR QUIET HOURS ARE IN EFFECT 7 DAYS A WEEK.

Movies You Couldn't Drag Me To (but I've probably seen)



by Tara D'Angelo
Staff Writer

Cabin Boy

There is a story behind this. At the Academy Awards in 1995, the year David Letterman hosted, he had a brief segment where he talked about the movie he had been in called Cabin Boy. His best line is "Hey Mister? Do you wanna buy a monkey?" I was watching the Oscars with two dear friends and we immediately decided we had to watch this movie because the segment was actually pretty funny so we would definitely enjoy the movie right? Wrong. Here is a clue, don't see this movie. It has been on Fox at four thirty in the morning. How good can it be? As the story goes, Chris Elliot plays a spoiled rich kid who ends up on a boat with a group of salty sea faring men who take advantage of his stupidity and dub him their lackey. This is a real insult to your intelligence, but you may want to watch it for the scenes with the half-man half-shark who torments the sailors.

Fargo

This was a movie I watched with my significant other and at the end we looked at each other and said, "I don't know if I liked that." I like having opinions about movies and when I feel ambivalent about them, I don't feel good. For one thing, I don't know who wrote the dialogue, but they obviously didn't get paid much. "Yea?", "Yea." This movie does have a few good parts, but the constant "yea?"-ing will make you want to scream. There is also a rather clever scene involving a wood-chipper, but I won't give the end away. This film will make you wonder what the academy members were smoking when they picked this for Best Picture.

Overboard

Finally, a bad movie I haven't seen. I have been told this Adam Sandler movie is terrible with home-movie quality cinematography and bad, bad acting. This one is so bad, even I haven't seen it.

Ed

This is one of the reasons that the Friends crowd should just stay on the show and not try to move onto the big screen. At least the monkey did a decent acting job.

The Pompatus of Love

This is another awful movie which I haven't seen. This wanna be romantic comedy is the male equivalent to a "chick flick" where the actors do nothing but sit on there butts and talk about Steve Miller songs. There probably wondering what pompatus means. I know I am.

Public Announcements

Penitential Rite/Rite pénitentielle

In English

Preparation: Tuesday, March 18th 11:45a.m.
Celebration: Thursday, March 20th 11:45 a.m.
Where: Round Chapel, University of Sudbury

En français

Préparation: Mercredi, le 19 mars 11h45
Célébration: Vendredi, le 21 mars 11h45
Lieu: Chapelle Ronde, Université de Sudbury

Diversity Beyond Numbers: CAs of the Future

The Student Association of Chartered Accountants will be hosting an event with the theme of diversity in the field of Chartered Accountants. One of our main goals by hosting such a night will be to educate and break the stigma that Chartered Accountants are dull pencil pushers that have no lives. We are planning an evening that consists of Live Jazz Entertainment, a cultural dinner buffet, talent show, fashion show (featuring traditional dress from across the globe), a moonlight dance and a guest speaker. Many dignitaries, media and the general public will be invited to join the organization for a night of fun and entertainment. When: Friday, March 14, 1997. Where: Fraser Science II cafeteria. Tickets: \$10 members, \$12 non-members. Dress: Semi-formal

Want to get a good job?

Come to the career seminar conducted by Stephen Kaplan, one of Canada's foremost authorities on job search for students. Much of his experience was acquired reviewing over 60,000 resumes, interviewing of 6,000 people and conducting surveys of students, career advisors and employers. He has written the nationally acclaimed book: Don't Wait Till You Graduate, spoken at conferences across the country and appeared on radio and television discussing all aspects of job search and career development. He has also hosted his own show on Radio Montreal.

Stephen's presentation will re-energize your job search and give it focus and impetus to ensure you have a fighting chance to land one of those jobs you have dreamed about. He will cover the best ways to find out who is hiring, how to get the attention of recruiters, how to ensure your resume is actually read and how to persuade the interviewer you are the best person for the job even if you aren't the most qualified... and most of all, how to ensure you get a terrific job when you graduate. This may be the most important hour you spend during your entire four-year degree!

The seminar will be held on Monday March 17, 1997. 7 to 8 pm in the Alphonse Raymond Building (Teacher's College), Room E125. Cost \$1

Attention Graduates!

March 21, 1997 is the deadline for registering for the April 5, 1997 Writing Competency Test. You may register at the Language Centre either on: Tuesdays from 2:30 p.m. to 4:30 p.m. or Wednesdays from 10 a.m. to 12p.m.

CLASSIFIED ADS

SUMMER JOBS - Applications are now being accepted for summer jobs on cruiseships, airlines and resorts. No experience necessary. For more information, send \$2 and a self-addressed stamped envelope to: WorldWide Travel Club, 6021 Yonge Street, Suite 1040, Toronto, Ontario M2M 3W2

WORD PROCESSING, typing services. \$15 original resume, \$2 for additional copy. \$2 per page for straight typing of essays, assignments, etc. Call Fineline Processing (705) 673-0212, email: olyrra@vianet.on.ca, fax: (705) 688-1990

TERM PAPERS, REPORTS, ETC. - Save time! Professional word processing and resume service at reasonable rates. Enquire about pick-up/delivery service! Call Gail Ealdama at (705) 692-9400 Monday to Saturday 8:30am - 8:30pm

LSAT-MCAT-GMAT-GRE Prep - Spring/summer classes are now forming. Course formats range from 20 to 80 hours. 20 hour weekends are available for \$195. Richardson - since 1979. www.prep.com or prep@istar.ca or 1-800-410-PREP

Hungry for Popcorn?

The John Howard Society of Sudbury
is having a Fundraising Event!



BEATRICE FOODS

Buy a bag or two of Popcorn for \$ 1.99 each and help our
work in your community



Where?

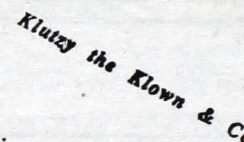
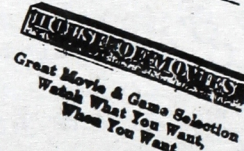
The House of Movies
20 Second Ave.
Sudbury

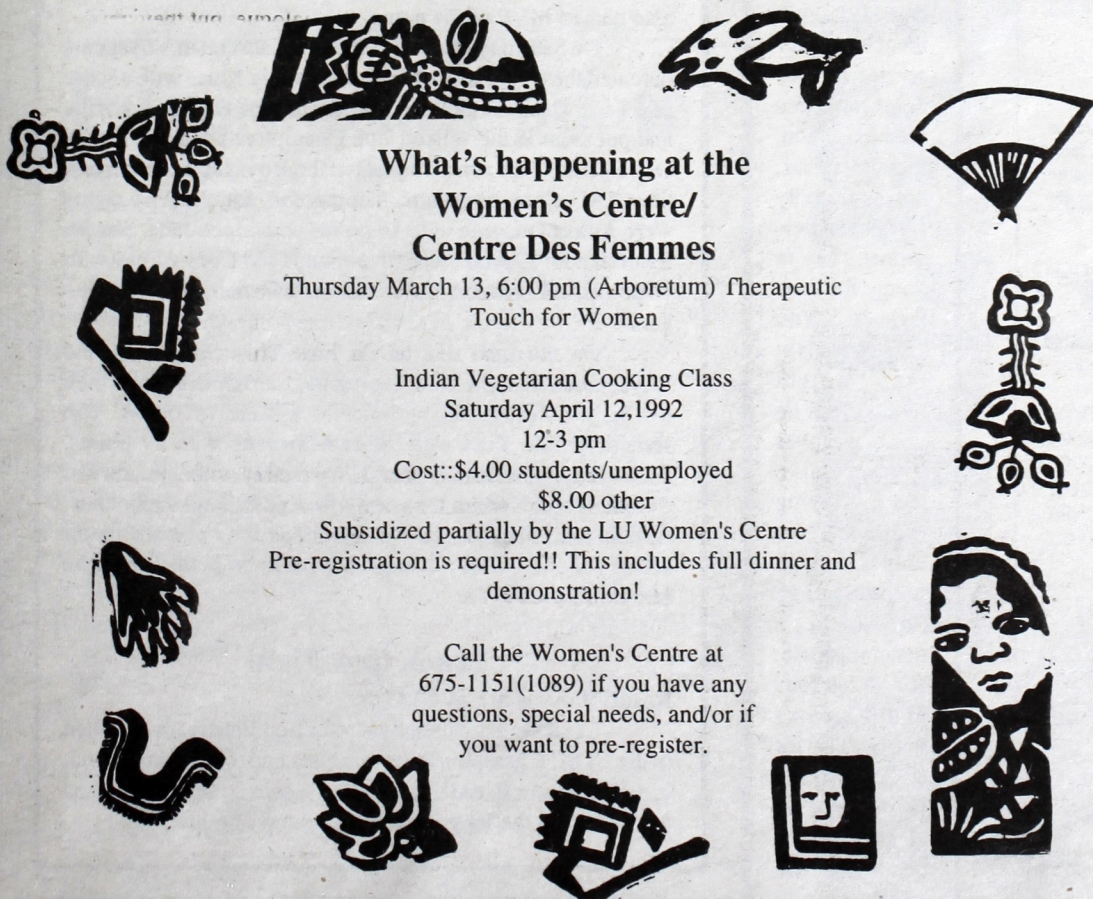
March 21 3 - 11 P.M. &
March 22 10 A.M. - 11 P.M.

There will be a selected amount of
coupons & giveaways

"WORKING TOGETHER TO PREVENT CRIME"

Any Questions? 673-9576





What's happening at the Women's Centre/ Centre Des Femmes

Thursday March 13, 6:00 pm (Arboretum) Therapeutic
Touch for Women

Indian Vegetarian Cooking Class
Saturday April 12, 1997
12-3 pm
Cost: \$4.00 students/unemployed
\$8.00 other

Subsidized partially by the LU Women's Centre
Pre-registration is required!! This includes full dinner and
demonstration!

Call the Women's Centre at
675-1151(1089) if you have any
questions, special needs, and/or if
you want to pre-register.



LOCS/EHCL

Laurentian Off-Campus Students
Etudiant(e)s hors campus de la Laurentienne

ELECTIONS

We are accepting **nominations** for the following positions:

President
V.P. Human Resources
V.P. Finance
V.P. Marketing

We are also taking **applications** for the following positions:

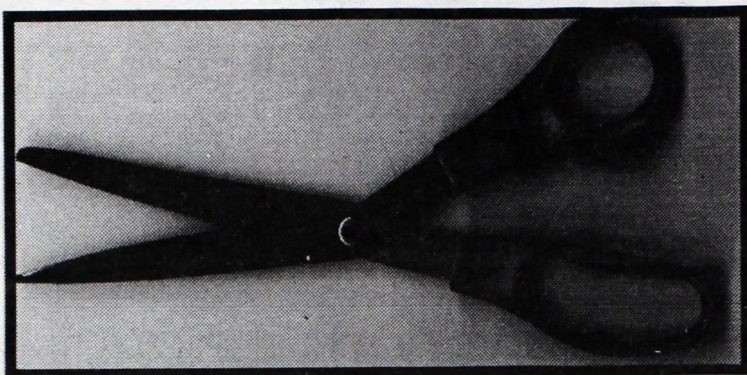
Director of Communications	Director of Advertising
Director of Intramurals	Director of Merchandising
Director of Social Events	SGA Reps
Director of Bilingualism	Frosh Leaders

Nominations and Application Forms are available
in the Clubs Room at the LOCS/EHCL desk.

Nominations Forms will be accepted no later
than Tuesday, March 18th.

Cutting Where it Hurts, Equipment

by Phillip Hadley
Staff Writer



Our school is about to become a two faculty school, tuition may rise another 10% and student debt is skyrocketing, yet the vast majority of students stay apathetic. However, now that the heart of the intramural and varsity sporting community is feeling the squeeze, so will you: right in the equipment, equipment desk that is. Hopefully this squeeze may cause a few to squirm and maybe even move off their couch and do something about the problem.

Budget cuts have smacked our equipment desk at a time when use of

the facilities has risen by as much as 25%, by some estimates. The result of this combined effect means clothing and equipment is being worn out faster due to increased use. These items are then not being replaced due to lack of funds. So we have fewer resources for more people and, lacking the ability to replace these items, the cycle continues. When asked what equipment would be replaced if the

money was there to be spent, Rick Jones, the Equipment Counter evening Supervisor plaintively states, "All." Even the washers have been affected. One sadly passed away and has not been replaced. If we had a large stockpile of shorts, t-shirts, socks and towels, then this wouldn't be such a problem. However, since we don't, the laundry stockpiles and the clean supply of clothes drops while the demand continues, and yet another cycle is created.

The cutbacks have also meant the cutting of job positions at the equipment desk. Once upon a time there were three people to work the desk at any one time, now there are two. Two people to handle the increased traffic of both males and females, two people to wash the increased laundry, two people to deal with the weight room and two people to deal with the Bannock Lounge (two areas previously not serviced by the three person team yet now hoisted upon the two). Obviously if one person is out cleaning up the weight room and Bannock Lounge, there is only one left to handle the increased laundry and traffic at the desk.

place them on the racks. Remember, it is Harris you want to yell at, not these two nice guys. Rather than bitch at these two, or any of the others that work the desk, go to the Celebration of Resistance March 21-22 and let Harris hear your voice.

Though there is an increased

work load for Rick and Kevin, they are very happy that the use of the Phed centre has increased. In case you are not aware, use of our weight room, sauna, pool, gymnasium and related facilities is FREE for all LU students. At least it's sort of free; you pay for use in fees at the beginning of

Vee Line

Basketball - Women

Lady Vees finish season at OWIAA Championships

On Thursday night, March 6, 1997, the Lady Vees had something to celebrate at the OWIAA awards banquet. **Katie Malone** and **Stephanie Harrison** were both named OWIAA East All-Stars. The awards continued as Malone was also awarded the Joy Bellinger's Coach's Award of Merit.

On Friday night, March 7, 1997, the Lady Vees hit the courts and defeated the Lakehead Nor'Westers 70-56. Top scorers for the Lady Vees were **Karen Vos** with 15 points, **Katie Malone** with 13, **Shelley Dewar** with 13 and **Stephanie Harrison** with 10. Malone was also named MVP of the game for her "great defense. She was all over the court," says Lady Vees head coach Shirlene McLean.

The Lady Vees competed in their second game of the OWIAA Finals and were defeated by the University of Toronto Blues 77-65. Unfortunately, the Lady Vees could not hold their half time lead of 8 points. Top scorers for the Lady Vees were **Karen Vos** with 17 points and **Stephanie Desutter** and **Shelley Dewar** with 14 points apiece.

In their final game, in the bronze medal match, the Lady Vees were defeated by the Western Mustangs by a score of 107-75. The half-time score of the game was 48-40 in favour of the Mustangs. The leading scorers for the Lady Vees were **Stephanie Harrison** with 16 points, **Shawna Conway** with 12 points and **Karen Vos** with 11 points. Vos was also named to the All-Star team. This loss concludes the Lady Vees' 1996-97 season.

Basketball - Men

Voyageurs capture OUAA East title

The Voyageurs basketball team was honoured this year by the OUAA. **Cory Bailey** and **Shawn Swords** were both named to the OUAA first team All-Stars. **Ted Doglemans** was named to the OUAA second team All-Stars. **Peter Campbell** was named the 1997 OUAA coach of the year.

On Friday March 7, 1997, the Voyageurs played their opening game against the Ryerson Rams at the OUAA East West Shoot Out. The Voyageurs were victorious in beating the Rams 84-75 in the OUAA East semi-final game. Top scorers for the Voyageurs were **Shawn Swords** with 26 points and 7 rebounds and **Cory Bailey** with 20 points. Swords was also named MVP of the game.

On Saturday March 8, 1997, the Laurentian Voyageurs defeated the University of Toronto Varsity Blues with a score of 69-62. This win gave the Voyageurs the OUAA East title and put them in the Wilson Cup Championship game for the OUAA title. This win also granted the Voyageurs a berth into the CIAU Championships. Top scorers for the Voyageurs were **Adam Dusome** with 16 points and 6 rebounds, **Shawn Swords** with 10 points and 10 rebounds and **Cory Bailey** with 14 points and 7 rebounds. Swords was also named MVP of the game.

On the final day of the East West Shoot Out, the Voyageurs fell short of sweeping the tournament when they lost to McMaster University with a score of 68-64. Top scorers for the Vees were **Shawn Swords** with 17 points, **Jason Hurley** with 16 points, **Cory Bailey** with 9 points and 8 rebounds and **Adam Dusome** with 9 points and 4 rebounds. Action continues for the Voyageurs as they prepare themselves for the CIAU Championships to be held in Halifax March 21-23, 1997.

Track and Field

Rosati finishes 8th at CIAU's

Laurentian University's track and field team travelled to the CIAU Championships this weekend. On Friday March 7, 1997, **Shane Rosati**, Laurentian's sole competitor placed 8th overall in the long jump with a jump of 6.8m.



COMING SOON!!!

Because things
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Downunder!

**MARCH 14, LAURENTIAN JAZZ
ENSEMBLE IN THE PUB**

MARCH 15, SONS OF MAXWELL

**MARCH 20, GREAT BIG SEA
IN THE GREAT HALL**

FREE POOL FRIDAY EVENINGS



Envision
Laurentian University Distance Education • L'Université Laurentienne et la formation à distance

SPRING SESSION 1997 (April 28 - July 17)

ATTENTION FULL-TIME STUDENTS!

During the Spring Session, credit courses are available on campus and through our Distance Education Program, entitled Envision. Information on course offerings, registration forms, fees, etc. will be found in the Continuing Education Calendar. Spring Session Calendars should be available in the Centre for Continuing Education in late February. Late registration fees apply after April 10, 1997.

- The maximum courseload for Spring Session is **THE EQUIVALENT OF TWO FULL COURSES, 12 CREDITS.**
- In the spring, full-time students are **NOT RESTRICTED** from registering in Distance Education courses.
- Envision course packages are normally mailed to a student's **PERMANENT ADDRESS.** Some course packages may be obtained from the Centre for Continuing Education starting April 8, 1997.
- Don't forget 3 credit half courses offered through Envision run the full length of the session.
- Some Distance Education courses have **LIMITED ENROLLMENT**, register early.

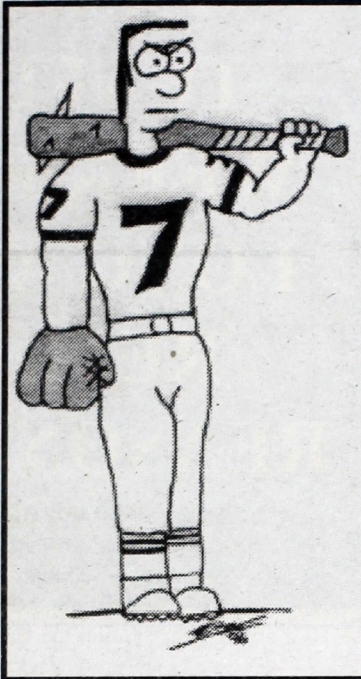
by Mike Leblanc and
Honsing Leung
Columnists

Honsing and Mike March Madness has Begun!!!!!!

Mike

Well, I don't know about you, but I was pretty amazed at the amount of sports on t.v. this past weekend. If you're a fan of sports, this has to be your favourite time of the year. We've got hockey roaring towards the playoffs; the same with basketball. Baseball is starting up after taking their winter holidays. There is plenty of University sports on the tube, Canadian and American. Hell, there's even curling (believe me, you'll have a new respect for the game if you actually go out and try it). Like I just mentioned, this month is heaven for sports fans, of which I am one of the biggest (that can be a figure of speech or literal) and I'm stuck with homework coming out of my wazoo. Being in SPAD/Commerce, this is the time when we are hit with major projects and weekend specials. What's a guy to do? I considered dropping classes to catch all of the games but I figured, if I slack off a little, I still might be able to get plenty of quality viewing in.

Well, I might as well throw out a couple of bold predictions. I



have to support good old L. U. and say that the men's basketball team will win the national championships. No, I wouldn't say that it's a biased opinion. Down south, I'm gonna say that the Wake Forest Demon Deacons are gonna take it all with Tim Duncan carrying the team on his

shoulders. I just hope he doesn't come down with a flu like last year. Like I have any idea what's going on, but I like Kevin Martin to win the Labatt Brier. Yeah, I watch because of the name. I thought it might have been some kind of beer chugging thing. Well, I gotta go watch some hockey, basketball, golf, baseball, curling, car racing and maybe even a little cricket. ... See ya later!

Honsing

The reason Mike has added respect for the curlers is because he wiped out twice last Friday at the annual SPAD curling and found out that you don't get points for the amount of beer that you drink during it. It was rather funny to watch that scene. By the way, Mike and I are disappointed at the turnout to SPAD curling last Friday. A total of 16 guys and gals showed up for what turned out to be a lot of fun. There are no excuses for anybody, especially 1'st and 4'th years who did not have weekend specials. Let's hope that the upcoming wine and cheese isn't as bad.

The Wrench, Ed Weirnich will win the Brier. Yes, I am a big enough sports freak that I follow curling a

little and have watched some matches this past weekend.

Now, the NCAA tournament starts today (Thursday) and ends in the Hoosier Dome on March 31'st. With 64 teams at the show it is tough to pick the winners but I will give it a good go. Of the Number 1 seeds in the region, look only for Kentucky to get to the final four. Duke will upset Kansas, while Utah and Wake will make strong bids to get there as well. Come Thursday, look for lots of great action to happen, particularly if you are a basketball fan.

I thought that I would have to mention the Rangers trading for yet

another former Oiler last week, by getting Esa Tikkanen from the Canucks. The winner of the deal here is the Rangers, because they also got speedy former Leaf Russ Courtnall. Still, don't look for the Rangers to get too far in the playoffs.

Lastly, I too want to wish the men's basketball team good luck in the upcoming CIAU's. All of us will be watching TSN when the finals arrive.

Recently, I made some comments about intramural volleyball. I now wish to retract those statements. After running into the French Connection, I have to admit that there are more good teams out there than I thought. I still predict that we, Sigma Delta Awesome, will win, but it will be a little tougher than we thought and only hard work and perseverance will allow us to prevail.

Molson's Athletes of the Week

Shawn Swords - Basketball

Swords, a fifth year arts student at Laurentian University, had outstanding performances on the courts this weekend when Laurentian competed in the OUAA East - West Shootout. Swords started his success on Wednesday evening when he was named to the OUAA First Team All-Stars. On Friday the Laurentian Voyageurs played the Ryerson Rams in the OUAA East Semi-Final game. Swords helped the Voyageurs defeat the Rams 84-75. Swords was the team's top scorer with 26 points and 7 rebounds and was also named MVP for the game. On Saturday Swords continued to dominate for the Voyageurs as they defeated the Toronto Blues 69-62 in the OUAA East Final game. Swords was once again leading scorer for the Voyageurs with 10 points and 10 rebounds and was again named MVP of the game. On Sunday Swords showed his leadership skills on the court when the Voyageurs lost in the Wilson Cup to McMaster University by a score of 68-64. Swords again was the leading scorer for the team with 17 points.

Karen Vos - Basketball

Vos, a second year sports administration student at Laurentian showed her outstanding leadership on the courts this weekend as the Lady Vees competed in the OWIAA Championships in Waterloo. On Friday night the Lady Vees defeated the Lakehead Nor'Westers with a score of 70-56. Vos was the leading scorer for the Lady Vees with 15 points. On Saturday the Lady Vees competed against the University of Toronto and lost 77-65. Once again Vos led the Vees as the top scorer with 17 points. In their final game of the weekend, in the bronze medal game, the Lady Vees fell short to the Western Mustangs with a score of 107-75. Vos did not let up and was one of the top scorers with 11 points.

Intramural Update

Ultimate Frisbee... FINALLY!

by Katrina Dudar and Jen Vroom
Contributors

After many trials and tribulations, "Intramural Update Frisbee '97" finally took place. The afternoon of February 28, 1997 turned out to be sunny, balmy and quite entertaining. The knee-deep snow did not threaten the likes of "Playing with Thunder 1", the tournament champions. Congratulations also goes out to "Playing with Thunder 2" and the "M1st Minutemen" who placed second and third.

Each participant was lucky enough to walk away with a participation prize, while a few individuals surpassed that and were awarded individual prizes, as well. An intramural salute goes out to Sarah Fleming for "Female MVP", Steve Marshall for "Male MVP", Joe McGibbon for "Tournament MVP", Beth Triplett for "Most Spirited Player", Jenn Bromley for "Most Sportsmanlike", Phil Martin for "Best Frisbee Form", Joel Fletcher for "Best Dressed", and Dan Lachapelle for "Most Intense". A special mention goes out to James Bryers, who earned "Honourary MVP" for being the only member of his team to show up and play!!

The convenors would like to thank their sponsors Air Canada, Cantele and Scotiabank who kindly donated prizes for the tournament, and also to the many participants, fans, referees and scorekeepers who made the afternoon a success! We hope to see you all again next year!

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by April 18, 1997

and we'll throw in

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• TOOTHBRUSH

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youth resort (Corfu, Greece)

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Federation of Students

New Student Centre, Rm SCE-234

Laurentian University

673-1401

* Certain restrictions may apply; visit your local Travel CUTS/Voyages Campus for details.
Insurance purchase not necessary in British Columbia. Must be full-time student.
In order to qualify for the "Essentials," you must purchase your "Basics" by April 18, 1997.
Valid for departures after February 3, 1997.

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OWIAA Basketball Championships

At Waterloo
March 7
First Round

Toronto	76	Guelph	59
Laurentian	70	Lakehead	56
York	74	McMaster	58
Western	76	Ottawa	66

March 8
Consolation Semi-Finals

Guelph	66	Lakehead	51
McMaster	68	Ottawa	66

Championship Semi-Finals

Toronto	77	Laurentian	65
York	83	Western	76

March 9
Consolation Final
Bronze Medal Game

Guelph	62	McMaster	56
Western	107	Laurentian	75

Gold Medal Game

Toronto	61	York	56
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HEY SPORTS
FANS! STAY
TUNED NEXT
WEEK FOR THE
LONG AWAITED
RETURN OF
REASONS WHY...

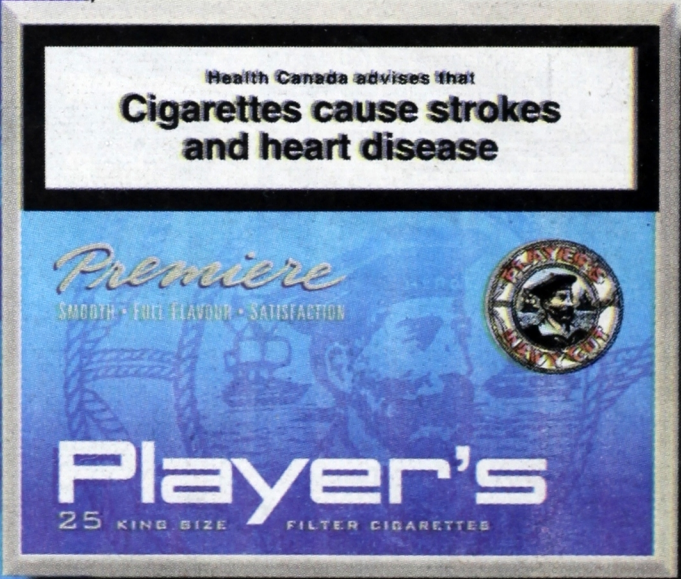
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